



BUILD IT TIGHT AND VENTILATE RIGHT: HIGH PERFORMANCE, MECHANICAL VENTILATION, WITH HEAT RECOVERY



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M.S., CPHT, LEED Green Associate



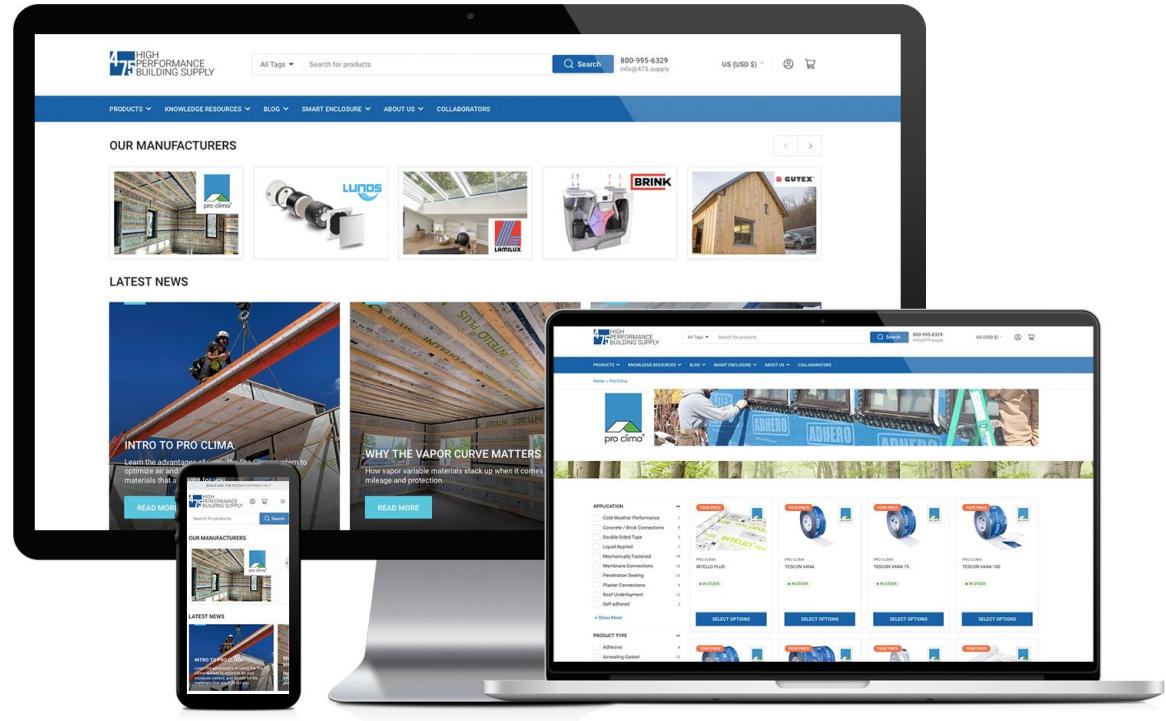


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- E-commerce
- Building High Performance
- Knowledge resources
- Supplying materials



HEAT RECOVERY VENTILATION



DECENTRALIZED - Through-wall, ductless HRV



CENTRALIZED - Ducted HRV or ERV



Air for life

#BreatheExcellence

AIR CONTROL

Encapsulate insulation inside and out ... and on all 6 sides



AIRTIGHTNESS QUALITY CONTROL



AIRSEALING & VAPOR CONTROL



INTELLO PLUS

AIRTIGHT, SMART VAPOR RETARDER



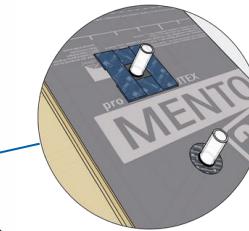
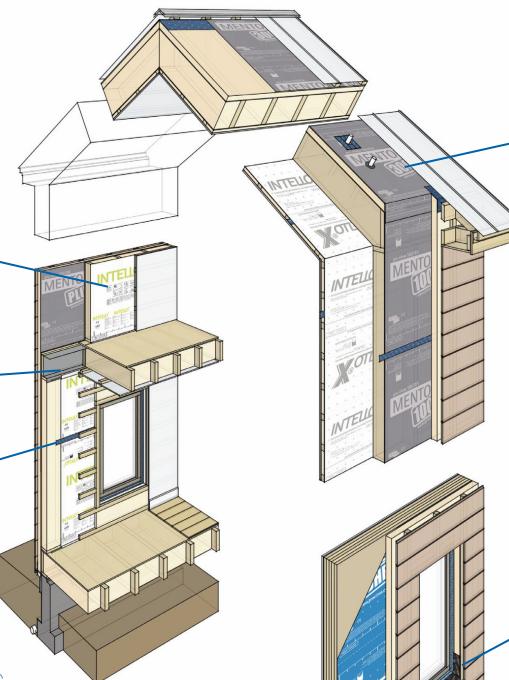
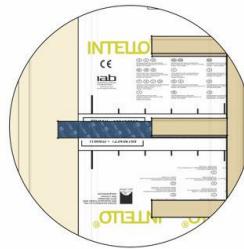
VISCONN

LIQUID-APPLIED



TESCON VANA

INTERIOR / EXTERIOR
ALL-AROUND TAPE CONNECTIONS



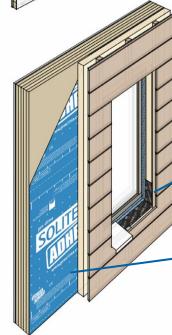
SOLITEX WRBs

ROBUST, AIRTIGHT, VAPOR-OPEN



TESCON PROFIL / EXTOSEAL ENCORES

WATER AND AIR PROTECTION FOR HIGH
PERFORMANCE WINDOW/PREP



ADHERO

SELF-ADHERED, DURABLE WRB

WOOD FIBER INSULATION BOARDS/WRB



HIGH PERFORMANCE BUILDING COMPONENTS



AIR & VAPOR CONTROL



ROOF DAYLIGHTING

INSULATION



HEAT RECOVERY VENTILATION

QUALITY CONTROL



DO YOU FILTER YOUR WATER?

Greater than half of all Americans filter their drinking water at home
- NSF Consumer Study



WHAT ABOUT THE AIR YOU BREATHE?



WHAT ABOUT THE AIR YOU BREATHE?



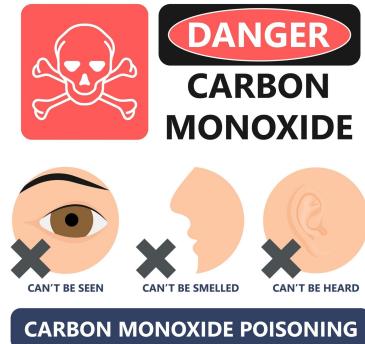
Dedicated, 24-hour, filtered fresh air

475.supply | 800-995-6329

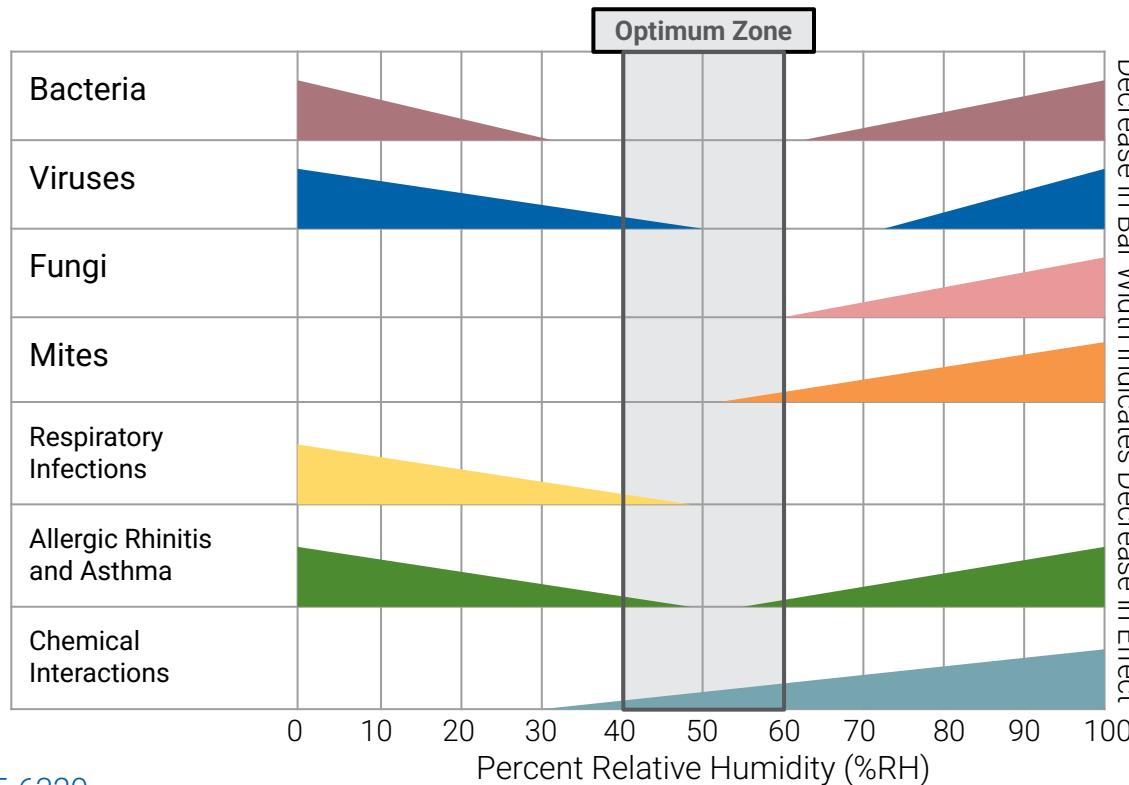


HEALTH & WELL-BEING

Pollutants in Indoor Air	
Harmful Gas	Effect
N ₂ O, NO, NO ₂	High Concentration: Damage pulmonary tissue
Formaldehyde	High concentration: impairment of eyes and upper respiratory tract
CO	Odorless, extremely toxic
CO ₂	High concentration: drowsiness, headaches, poor mental performance
O ₃	Highly toxic, irritation of mucous membranes and upper respiratory tract.
Radon	Long-term exposure risks of lung cancer
H ₂ O (%RH)	Too high or too low: creates environment for viruses, respiratory infection and more...

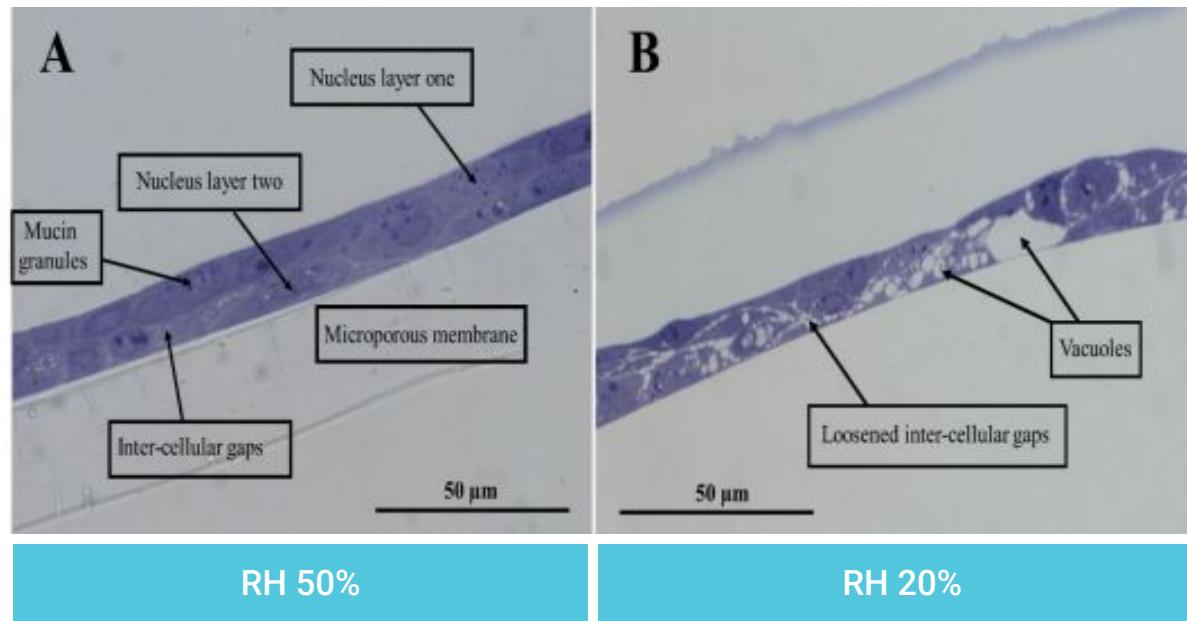


HEALTH & WELL-BEING



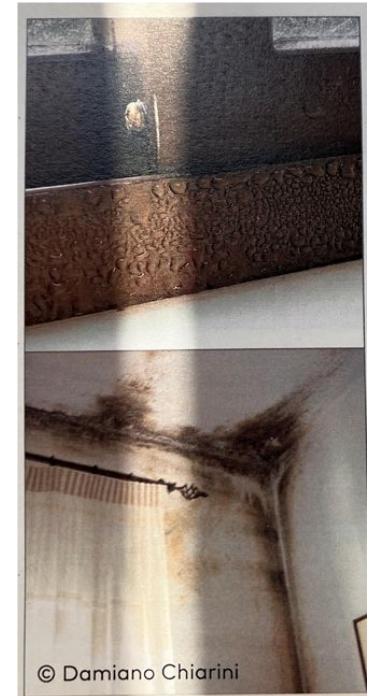
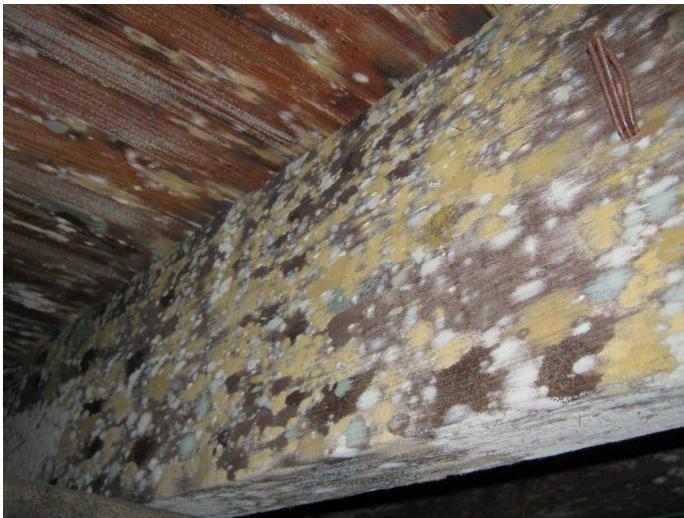
HEALTH & WELL-BEING

Control Indoor Air Humidity



HEALTH & WELL-BEING

Control Indoor Air Humidity



HEALTH & WELL-BEING



Journal of Building Engineering
Volume 57, 1 October 2022, 104908



Indoor air quality and health in schools: A critical review for developing the roadmap for the future school environment



Abstract | 23 August 2021

ISEE 2021: 33rd Annual Conference of the International Society of Environmental Epidemiology

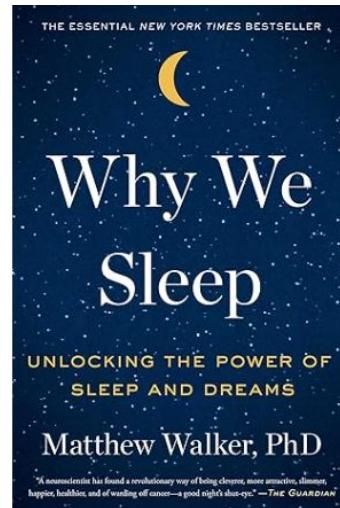
Associations between Acute Exposures to PM2.5 and Carbon Dioxide Indoors and Cognitive Function in Office Workers

Studies Show:

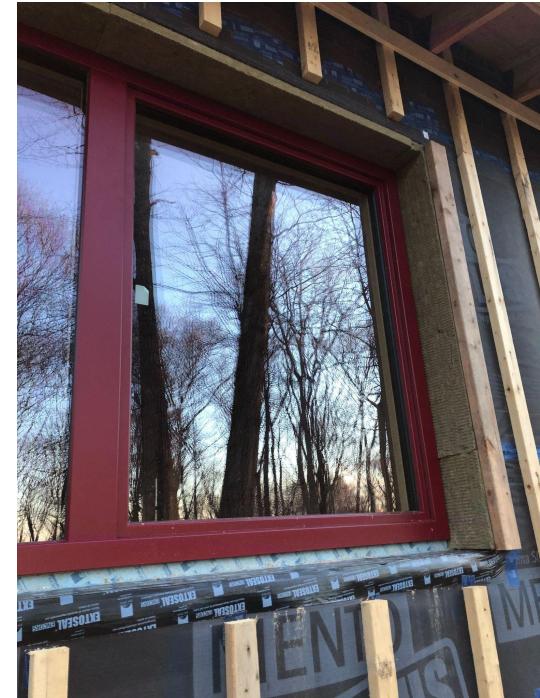
- Improved air quality can lead to enhanced cognitive function, productivity, and reduced absenteeism in schools and workplaces.
- Improving ventilation rates in office environments could improve workers' cognitive function.

HEALTH & WELL-BEING

Indoor Air Quality = Better Sleep and Overall Well-Being

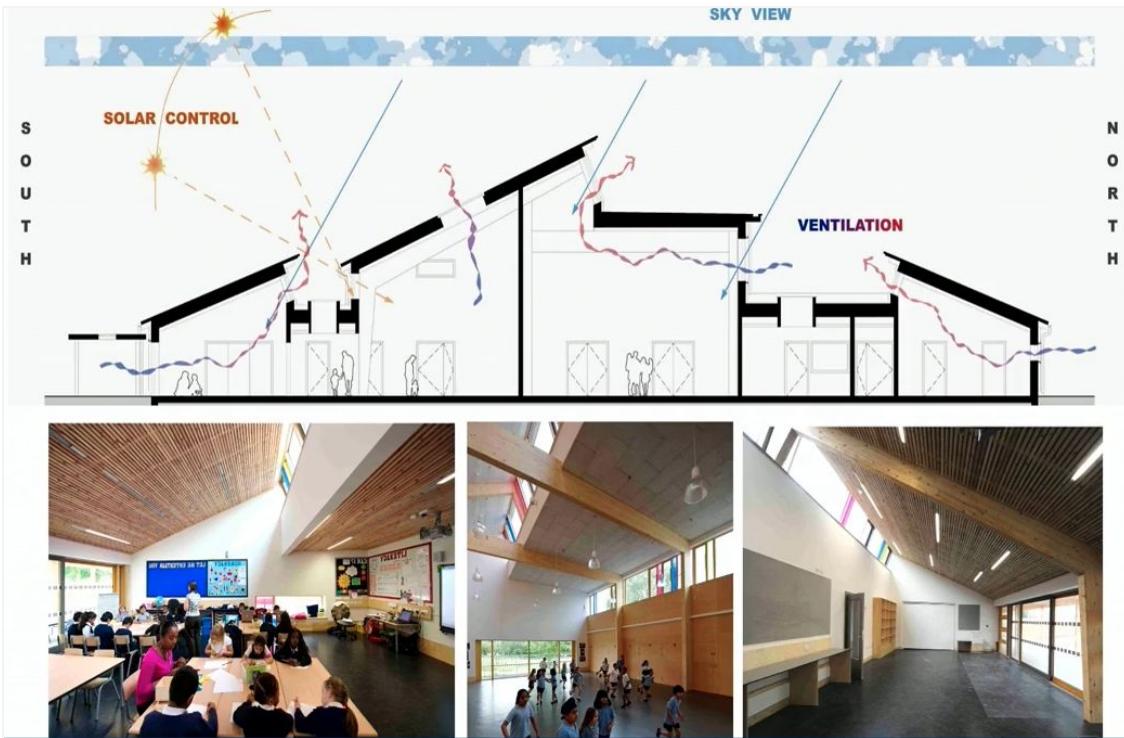


COMFORT



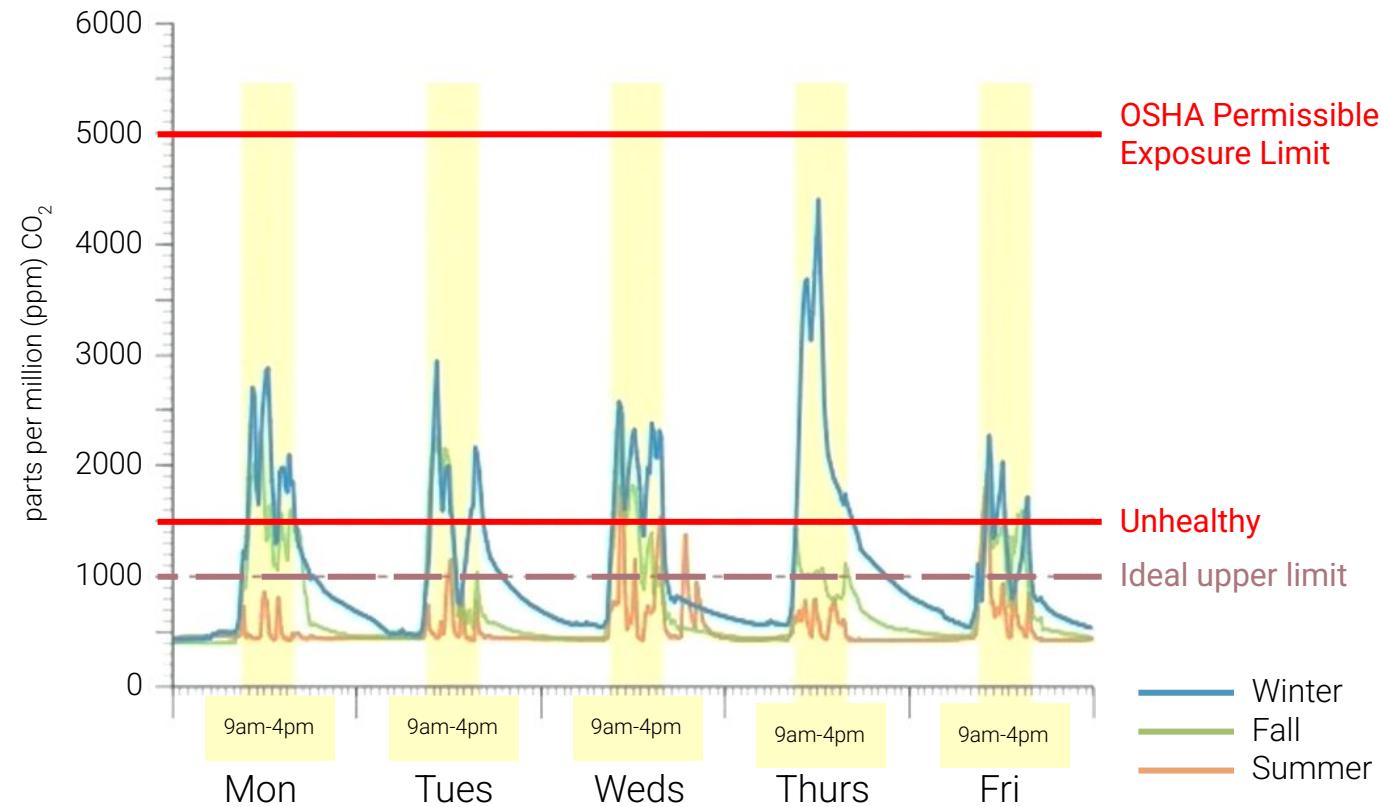
You could just open a window!

PASSIVE VENTILATION?



Jonathan Hines
Managing Director,
Architype

PASSIVE VENTILATION?



Jonathan Hines
Managing Director,
Architype

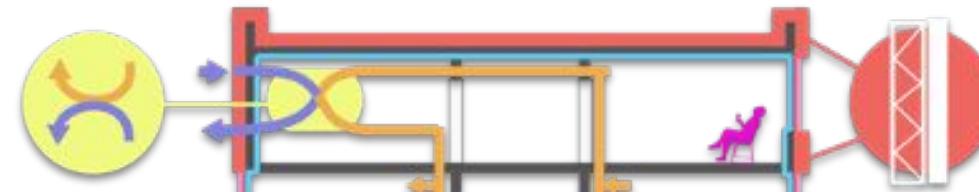
HOW DO WE DO IT?

Building as integrated systems

Fresh Air System



Airtightness



Great Windows



Continuous
Insulation

No Cold
Spots





ASSEMBLY CONTROL LAYERS

In order of importance:

1. WATER CONTROL
2. AIR CONTROL
3. VAPOR CONTROL
4. THERMAL CONTROL

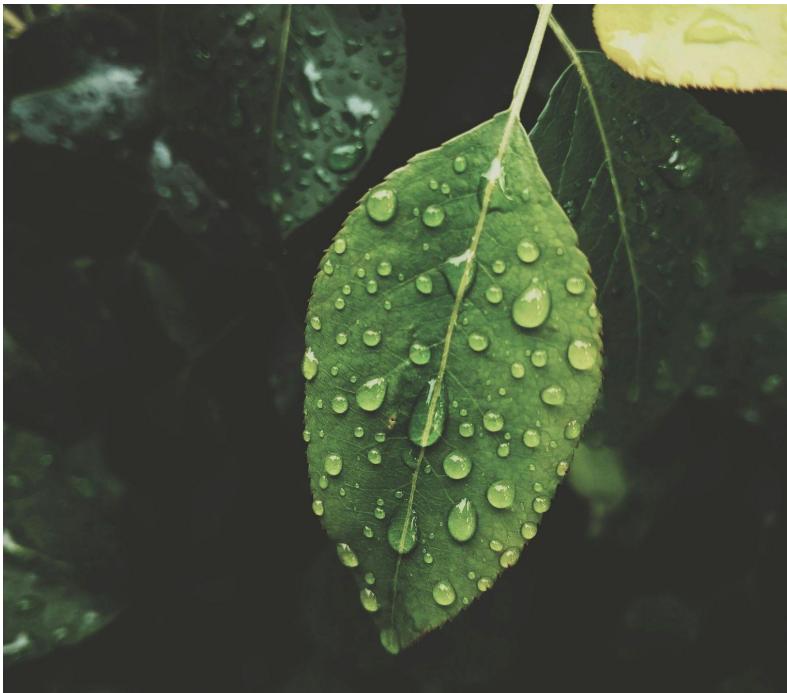
ASSEMBLY CONTROL LAYERS

In order of importance:

1. WATER CONTROL → Shed it.
2. AIR CONTROL → Delivers energy and health.
3. VAPOR CONTROL → Allow it to dry.
4. THERMAL CONTROL → Right size.

ASSEMBLY CONTROL LAYERS

1. WATER CONTROL: Shed it. Or it will destroy the building.



ASSEMBLY CONTROL LAYERS

2. AIR CONTROL: Delivers energy efficiency and healthy air.

New York



Seattle



Calgary



San Francisco





ASSEMBLY CONTROL LAYERS

3. VAPOR CONTROL: Allow it to dry. Avoid mold and rot.



ASSEMBLY CONTROL LAYERS

3. VAPOR CONTROL: Allow it to dry. Avoid mold and rot.



ASSEMBLY CONTROL LAYERS

4. THERMAL CONTROL: Right size. Avoid thermal bridges.



SEQUENCE FOR CONTINUITY

Interior Walls



AIR CONTROL = ENERGY DRIVER



U.S. Building Stock Characterization Study: A National Typology for Decarbonizing U.S. Buildings

Janet Reyna, Eric Wilson, Andrew Parker, Aven Satre-Meloy, Amy Egerter, Carlo Bianchi, Marlena Praprost, Andrew Speake, Lixi Liu, Ry Horsey, Matthew Dahlhausen, Christopher CaraDonna, Stacey Rothgeb

Building Technologies and Science Center

Lawrence Berkeley National Laboratory, Rocky Mountain Institute

Research output: NREL > Technical Report



- “Infiltration **drives heating**.”
- “In some segments ... infiltration contributes **nearly double all other envelope heat transfer component loads combined**”
- “Reduction in air infiltration [provides] co-benefits of reduced moisture infiltration and improved indoor air quality **if coupled with mechanical ventilation**.”

VAPOR CONTROL

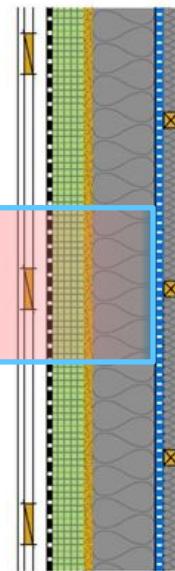
WINTER: Vapor Drive is Outward

Outside

Vapor Open

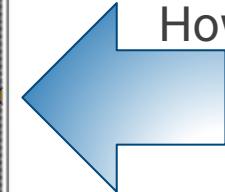


Drying Out



Inside

Vapor Retarding
(or variable)
How variable?



Minimize Potential
Wetting from Inside

VAPOR CONTROL

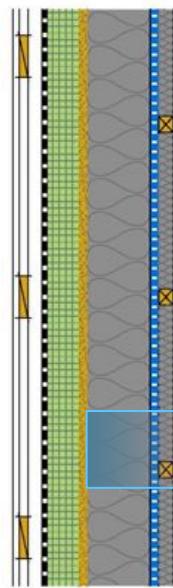
SUMMER: Vapor Drive is Inward

Outside

Vapor open



Vapor Drive



Inside

Vapor Open
(retarding/variable)
How variable?

Drying In

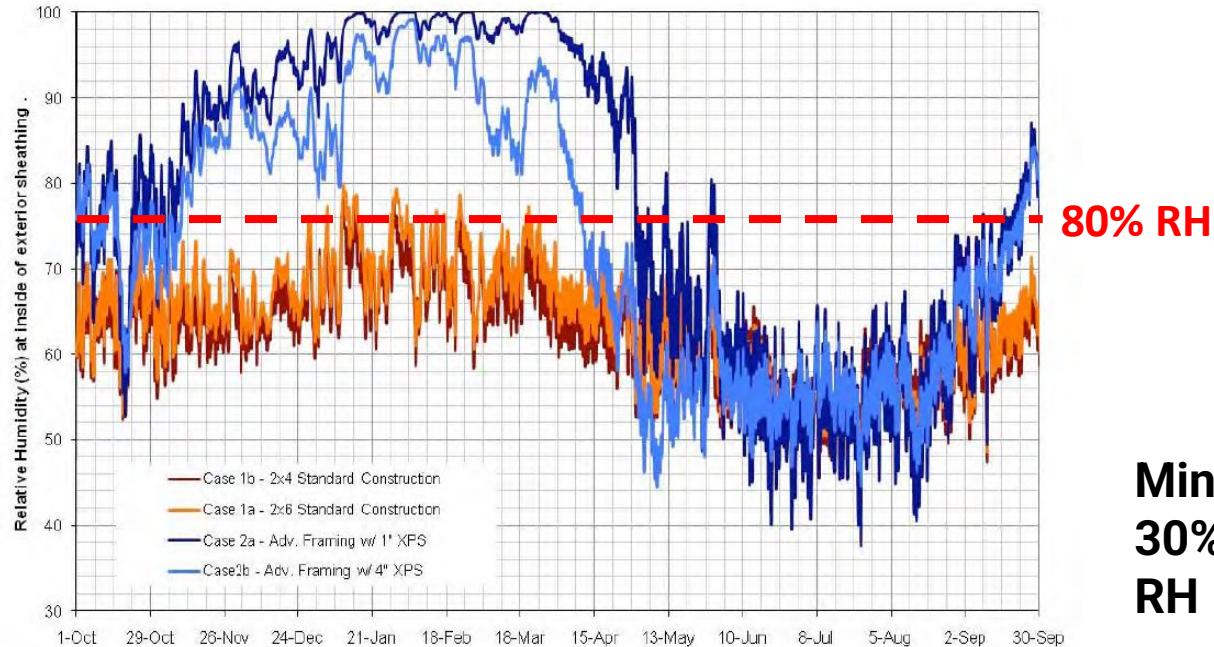
VAPOR CONTROL

Why are we installing **VAPOR TRAPS?**



VAPOR CONTROL

Foam Can Cause Moisture Concerns



Minneapolis MN
30% winter indoor
RH

Figure 9 : Winter time sheathing relative humidity for Case 1 and Case 2

Credit: Building Science Corp.

Building America Special Research Project: High R Walls Case Study Analysis

TYPES OF SYSTEMS

Exhaust only

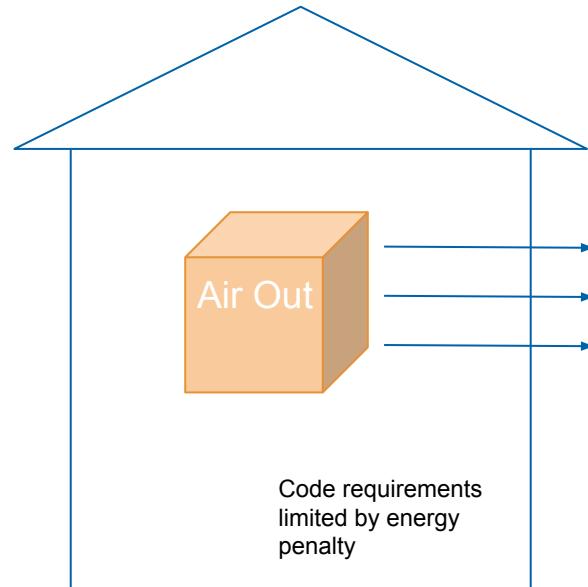
Uncontrolled untempered air

- Air needs reheating!
- It's also dirty! (infiltration)

At 0.33 ACH50:

Every 3 hours need to
reheat ALL the air in
the building.

Home air purifiers

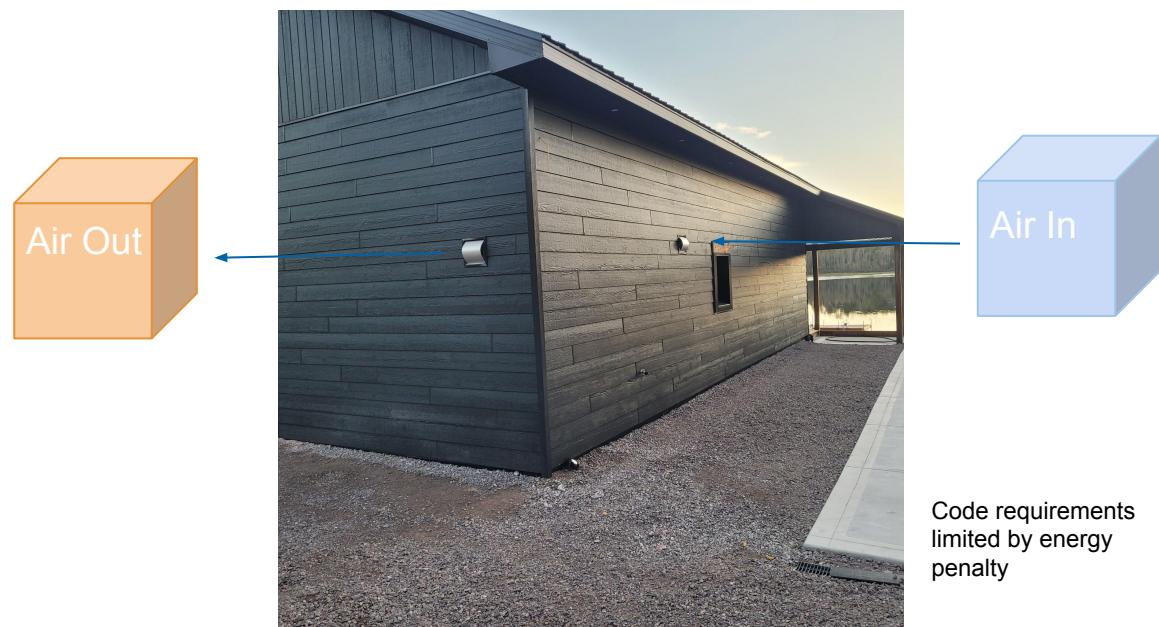


TYPES OF SYSTEMS

Balanced ventilation

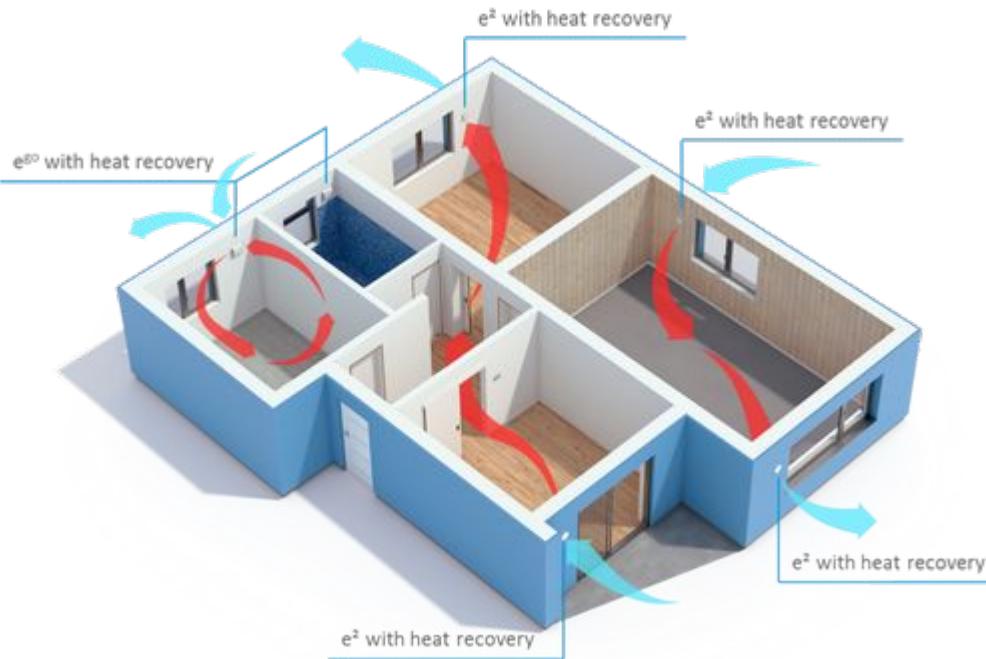
Control:

- Route (freshest air possible)
- Quality (source & filtration)
- Comfort (no drafts)
- Intentional delivery (where to)
- Energy savings



TYPES OF SYSTEMS

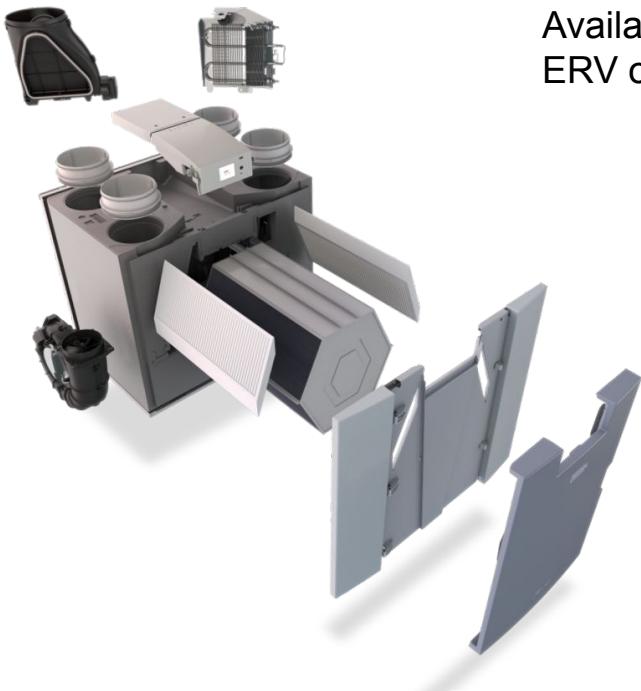
DECENTRALIZED



CENTRALIZED



CENTRALIZED



Available as an
ERV or HRV





COMFORT CRITERIA

Efficient systems provide a comfortable supply air



COMFORT CRITERIA

Efficient systems provide a comfortable supply air

Below 60 Fahrenheit = Draft

COMFORT CRITERIA

Efficient systems provide a comfortable supply air

$$\begin{aligned} & T_{\text{outdoor}} + [(T_{\text{indoor}} - T_{\text{outdoor}}) * \text{Efficiency\%}] = \text{Supply Air} \\ & \text{Temp} \end{aligned}$$

COMFORT CRITERIA

Efficient systems provide a comfortable supply air

$$\frac{T_{\text{outdoor}} + [(T_{\text{indoor}} - T_{\text{outdoor}}) * \text{Efficiency\%}]}{\text{Temp}} = \text{Supply Air}$$



$$15^{\circ}\text{F} + [(72^{\circ}\text{F} - 15^{\circ}\text{F}) * 91\%] = 67^{\circ}\text{F}$$

COMFORT CRITERIA

Efficient systems provide a comfortable supply air

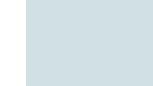
$$\frac{T_{\text{outdoor}} + [(T_{\text{indoor}} - T_{\text{outdoor}}) * \text{Efficiency\%}]}{\text{Temp}} = \text{Supply Air}$$



$$15^{\circ}\text{F} + [(72^{\circ}\text{F} - 15^{\circ}\text{F}) * 91\%] = 67^{\circ}\text{F}$$



$$15^{\circ}\text{F} + [(72^{\circ}\text{F} - 15^{\circ}\text{F}) * 65\%] = 52^{\circ}\text{F}$$



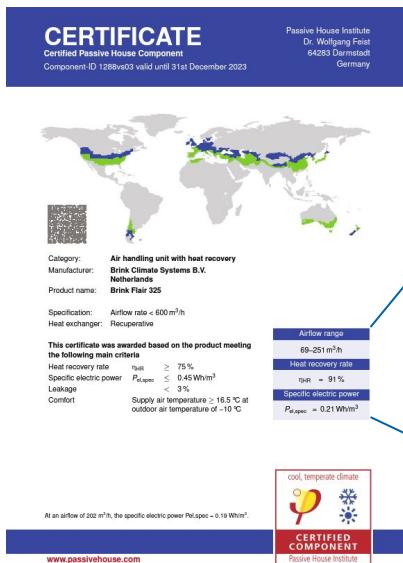
COMFORT CRITERIA

Efficient systems provide a comfortable supply air



- Temperature
- Air quality
- Noise

THIRD PARTY TESTED



Airflow range
69–251 m³/h
Heat recovery rate
$\eta_{HR} = 91\%$
Specific electric power
$P_{el,spec} = 0.21 \text{ Wh/m}^3$

Criteria	PHI
High Quality Air	Yes
High Heat Exchanger Eff	75%
Low Power Consumption	Yes
Minimal Air Leakage	Yes
Minimal Case Heat Losses	1
Comfortable Supply Temp	Yes
Low Noise Production	Yes
Effective Frost Protection	Yes

FILTRATION

Air control delivers energy efficiency and healthy air.

New York



Seattle



Calgary



San Francisco



FILTERS

MERV Rating	Air filter will trap particles sized .3 to 1.0 microns	Air filter will trap particles sized 1.0 to 3.0 microns	Air filter will trap particles sized 3.0 to 10 microns	Filter Type & Particles Removed
MERV 1	<20%	<20%	<20%	Fiberglass and Aluminum Mesh pollen, dust mites, spray paint, carpet fibers, pet dander
MERV 2	<20%	<20%	<20%	
MERV 3	<20%	<20%	<20%	
MERV 4	<20%	<20%	<20%	
MERV 5	<20%	<20%	20% - 34%	
MERV 6	<20%	<20%	35% - 49%	
MERV 7	<20%	<20%	50% - 69%	
MERV 8	<20%	<20%	70% - 85%	Disposable Filters mold spores, kitchen aerosols, hair spray, furniture polish, household cleaning sprays
MERV 9	<20%	>50%	85% or better	
MERV 10	<20%	50% - 64%	85% or better	
MERV 11	<20%	65% - 79%	85% or better	
MERV 12	<20%	80% - 90%	90% or better	
MERV 13	>75%	90% or better	90% or better	Home Box Filters lead dust, flour, auto fumes, welding fumes
MERV 14	75% - 84%	90% or better	90% or better	
MERV 15	85% - 94%	95% or better	90% or better	
MERV 16	95% or better	95% or better	90% or better	
MERV 17	99.97%	99% or better	99% or better	Commercial Filters bacteria, wildfire smoke, respiratory droplets
MERV 18	99.997%	99% or better	99% or better	
MERV 19	99.9997%	99% or better	99% or better	
MERV 20	99.99997%	99% or better	99% or better	

FILTRATION



Installed in 475.Supply Office

F7 / ePM1 50% / MERV 13

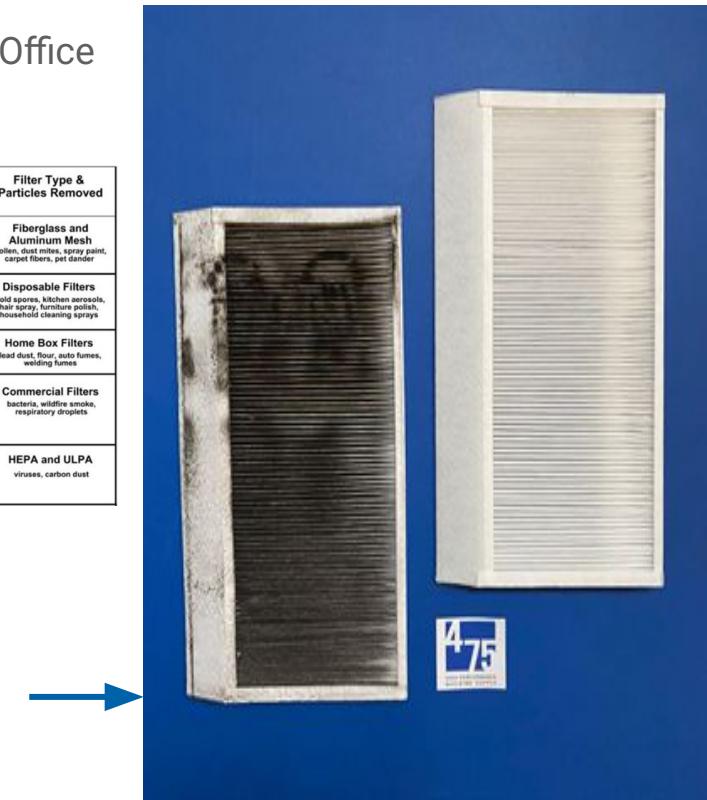
Remove outdoor pollutants at supply

G4/ iso course 60% / MERV 7-8

Remove grease at return to protect core

MERV Rating	Air filter will trap particles sized .3 to 1.0 microns	Air filter will trap particles sized 1.0 to 3.0 microns	Air filter will trap particles sized 3.0 to 10 microns	Filter Type & Particles Removed
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MERV 3	<20%	<20%	<20%	
MERV 4	<20%	<20%	<20%	
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MERV 9	<20%	>50%	85% or better	Home Box Filters lead dust, flower pollen, welding fumes
MERV 10	<20%	50% - 64%	85% or better	
MERV 11	<20%	65% - 79%	85% or better	
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MERV 15	85% - 94%	90% or better	90% or better	
MERV 16	95% or better	95% or better	90% or better	HEPA and ULPA viruses, carbon dust
MERV 17	99.97%	99% or better	99% or better	
MERV 18	99.997%	99% or better	99% or better	
MERV 19	99.9997%	99% or better	99% or better	
MERV 20	99.99997%	99% or better	99% or better	

59 days of NYC air + 3 days of wildfire smoke in June 2023



HRV or ERV?

What is the difference between an ERV and HRV?

- **HRV** = Heat Recovery only.
Uses a airtight, vapor-closed material
- **ERV** = Energy or Enthalpy Recovery.
Uses an airtight, vapor-open material.



No transfer of liquid water



Transfer of water vapor

HRV or ERV?

When should I use an ERV or HRV?



HOW HEAT RECOVERY WORKS

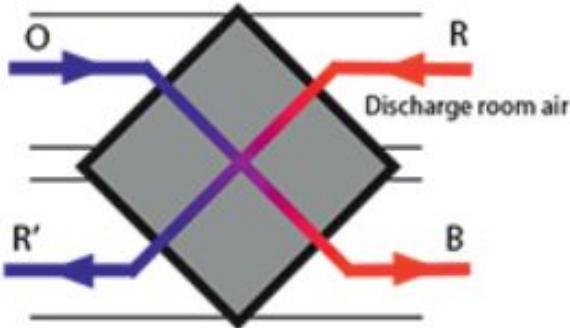
Types of Cores



HOW HEAT RECOVERY WORKS

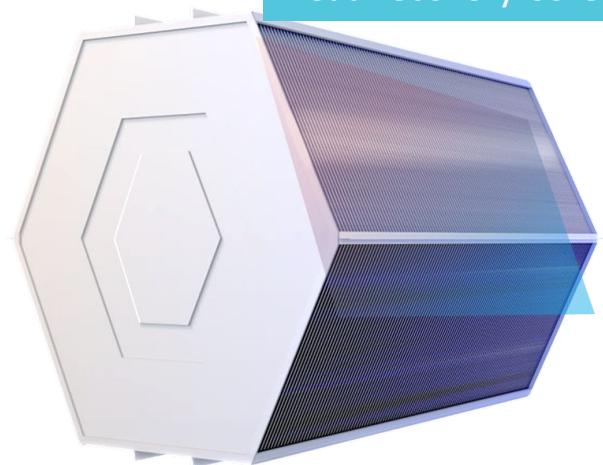
Types of Cores

Cross flow heat exchanger



40-65% Efficient

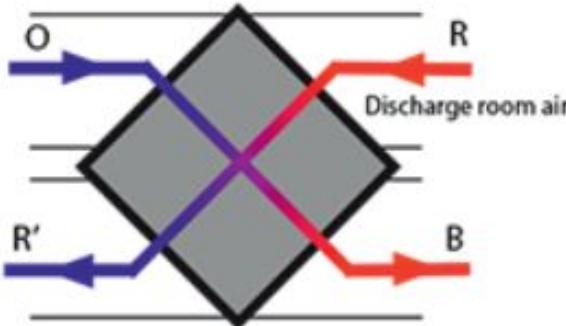
Heat Recovery Core



HOW HEAT RECOVERY WORKS

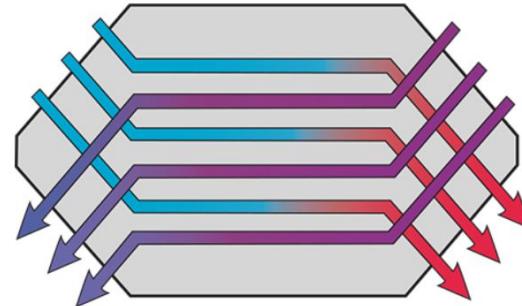
Types of Cores

Cross flow heat exchanger



40-65% Efficient

Counter flow heat exchanger



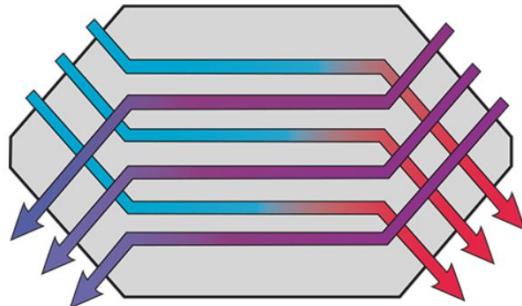
75-92% Efficient

Heat Recovery Core



COUNTER FLOW HEAT EXCHANGER

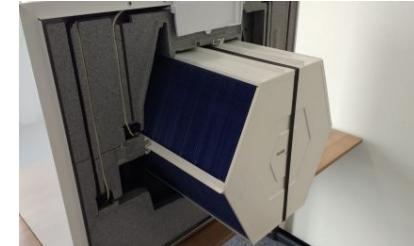
Counter flow heat exchanger



75-92% Efficient



Low resistance

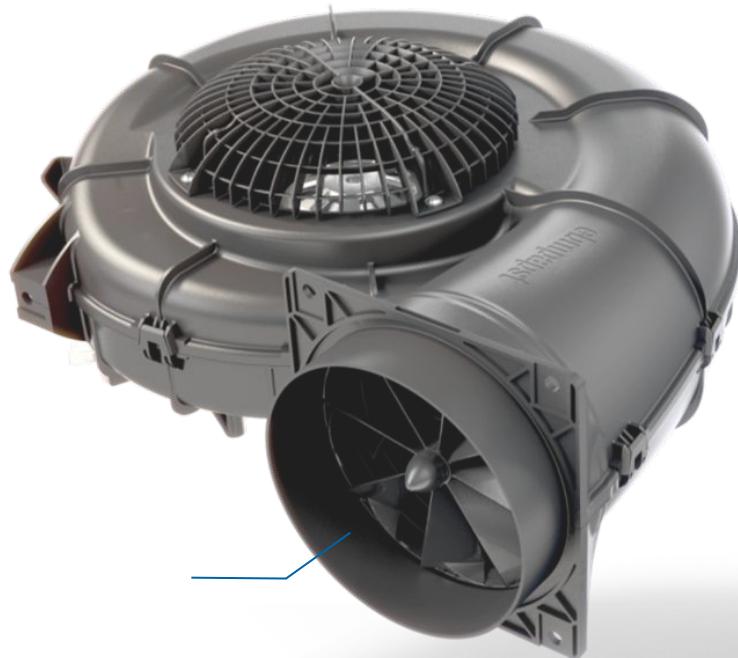


Guiding sleeves for airtightness

PERFECT BALANCING FURTHERS EFFICIENCY



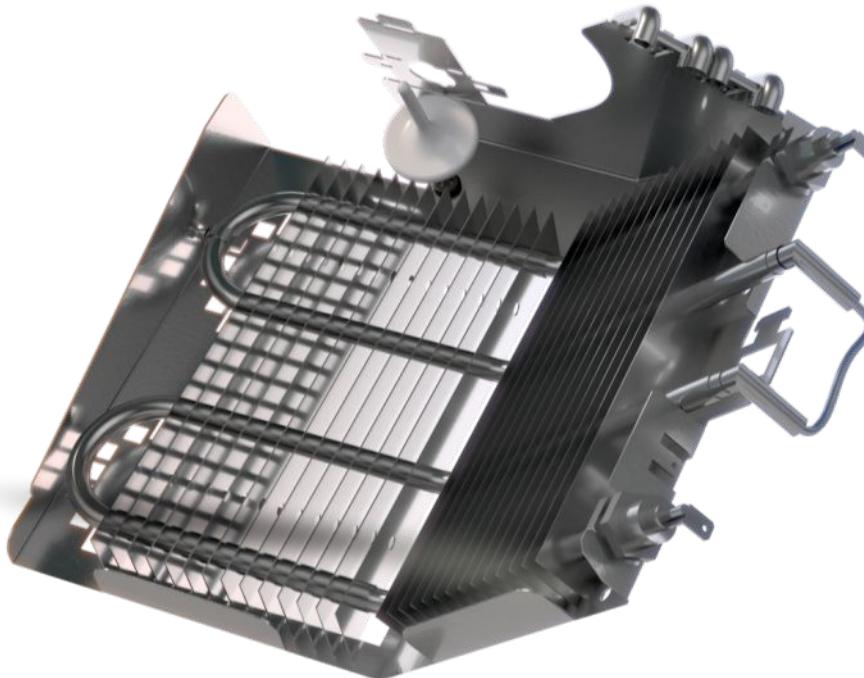
**Vane-Anemometer -
Latest Technology!**
Ultra precise and fast
flow-measurement



Constant Flow

Flow rates guaranteed with changes in air density or pressure in the system (despite dirty filters!).

INTELLIGENT PREHEATER ALWAYS INCLUDED

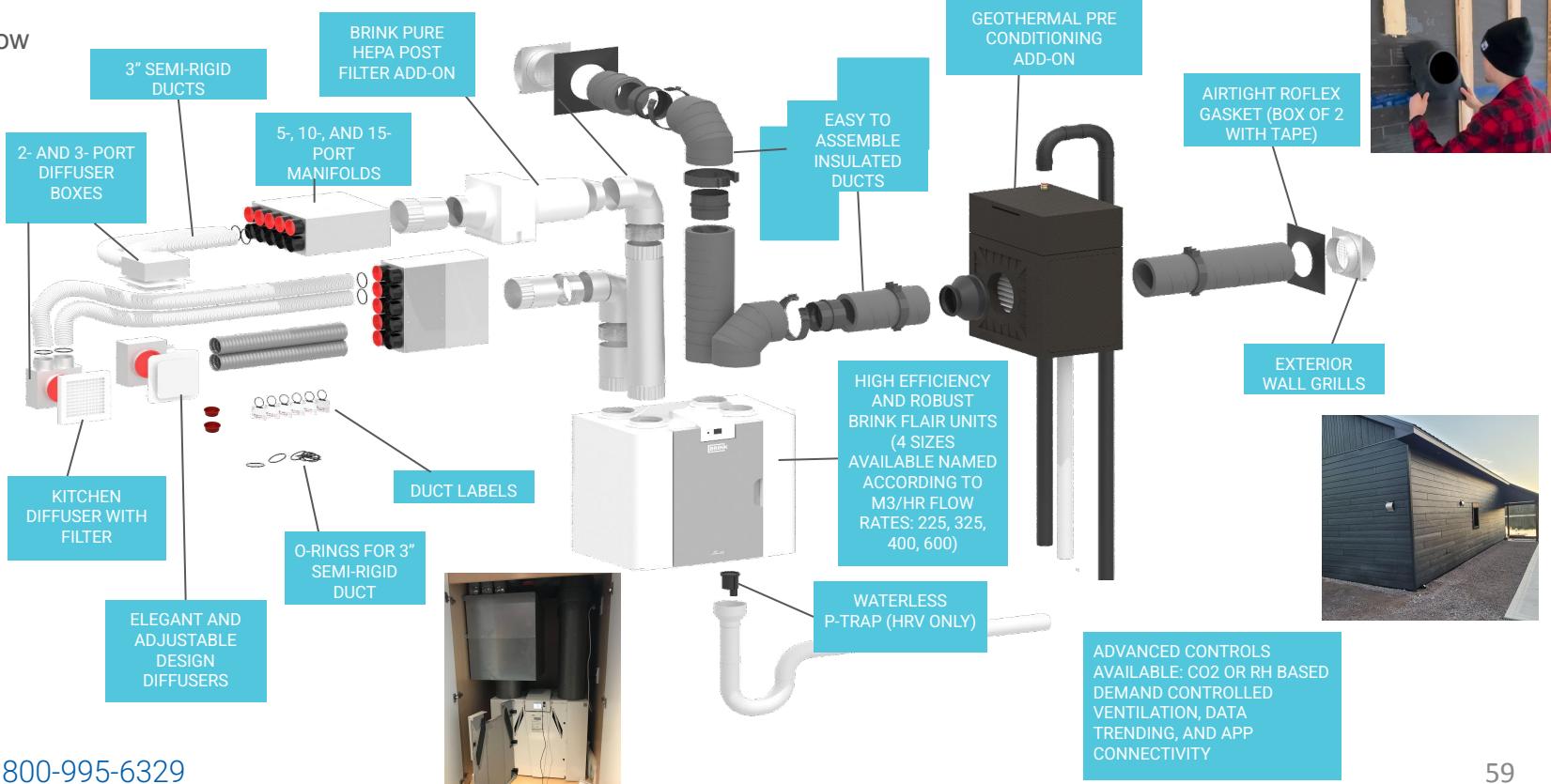


New aerodynamic design

- Larger surface (cooling ribs)
- Double safety switch max temp
- Guiding vanes for equal air-flow over heat exchanger
- Ramps up as needed

FULL KITTED SYSTEM REDUCES INSTALLER ERRORS

Airtight ducts with low resistance.



DISTRIBUTION SYSTEM MATTERS

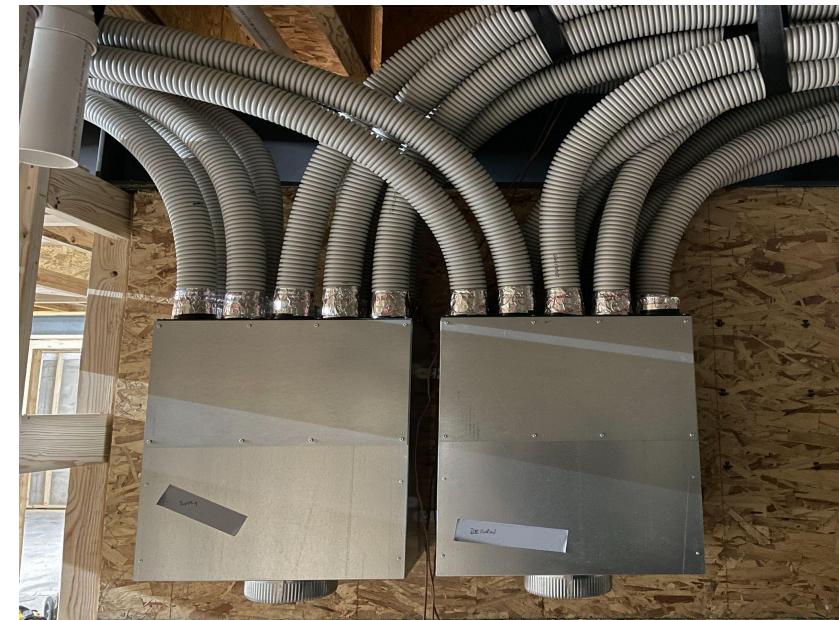
Home run system

Full system reduces
install errors and duct
leakage.

Airtight ducts with low
resistance.



BRINK FLAIR UNIT



SUPPLY AND EXHAUST MANIFOLDS

DISTRIBUTION

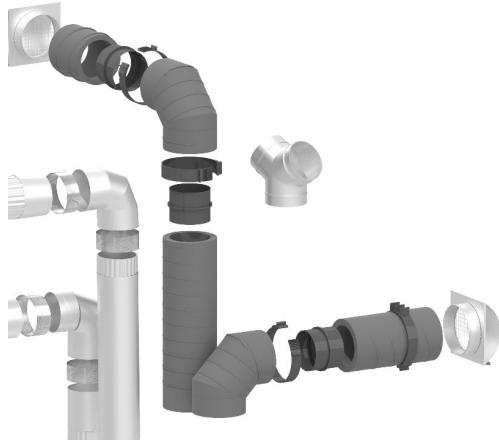


3" SEMI-RIGID



OR 3" FLEX DUCT

INSULATED DUCT



INSULATED DUCTING for FRESH AIR INTAKE
and EXHAUST to environment

OPTIONAL ACCESSORIES / CONTROL

Modbus
compatible

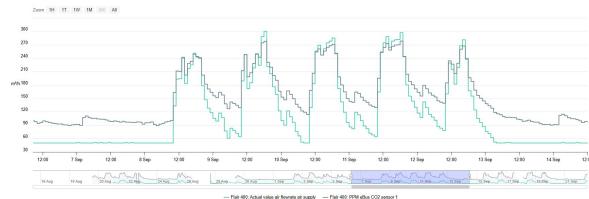


Onboard PCB
allows
connection to
controls



CO2 SENSOR AND RH SENSOR

Demand controlled
ventilation capable



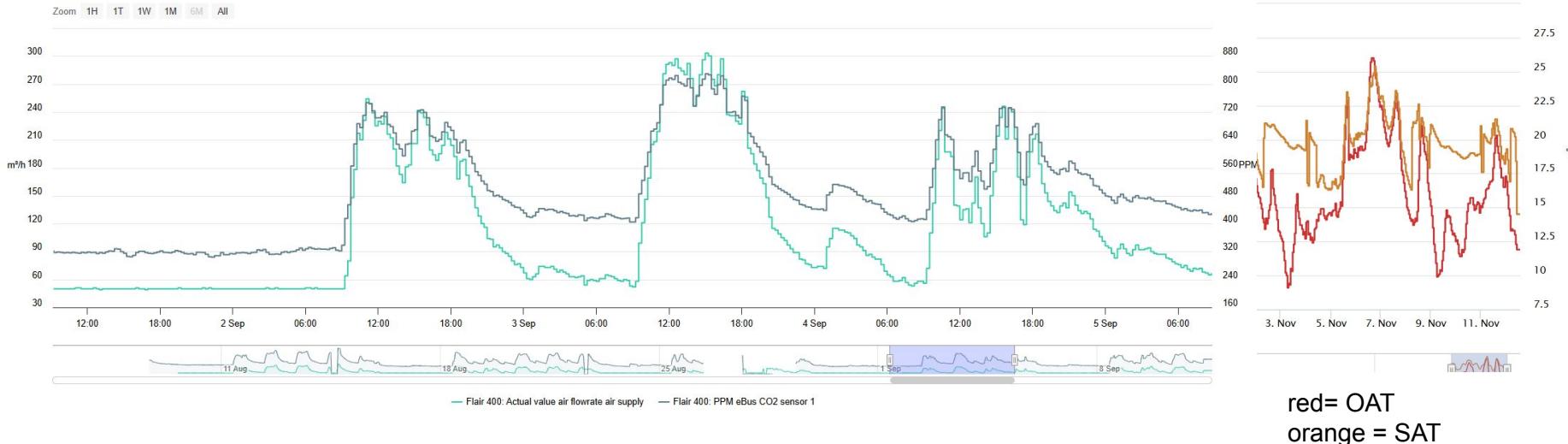
Time of day /
day of week
scheduling



App control

BOOST SWITCHES, TOUCH CONTROL,
PLUS MODULE

OPTIONAL ACCESSORIES / CONTROL



BRINK HOME

ERV IN DD

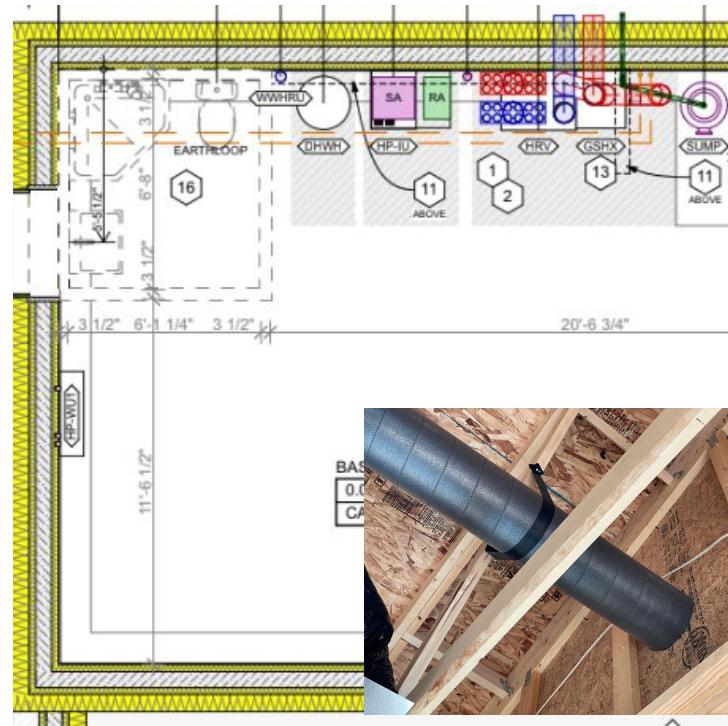
*“It’s a difficult position for an architect to be in to constantly be **defending the mechanical room**. I’ve certainly failed doing it and lived to regret that.”*

- Barry Price

- **Design development** - Coordinate HVAC equipment, access to outdoor air, duct runs, diffuser locations.
- **Proactive** instead of reactive process.

ERV IN DD

- Locate the mechanical room close to exterior wall.
- Intake and exhaust ducts should be:
 - Insulated
 - Airtight
 - Vapor-closed
 - Sealed to air barrier with gaskets
- Long cold air ducts can reduce heat efficiency by 5-15%



ERV IN DD



Available in left or right hand orientations, consider where manifolds will be located when ordering.

CHANGE YOUR FILTERS

- Well-designed ventilation systems have very little maintenance
- Accessible filters and diffusers make routine maintenance simple

*“Change your filters, change your filters, change your filters” - Cramer Silkworth,
Baukraft Engineering*



CONSIDERATIONS

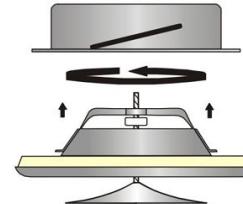
Can have good ingredients, but must also have a good “chef” or installer.



COMMISSIONING

What Commissioning Ensures:

- Each room has required air exchange
- Neutral pressure: balanced
- Short runs should be made to be a minimum of 10'
- May need additional ducts for longer runs.

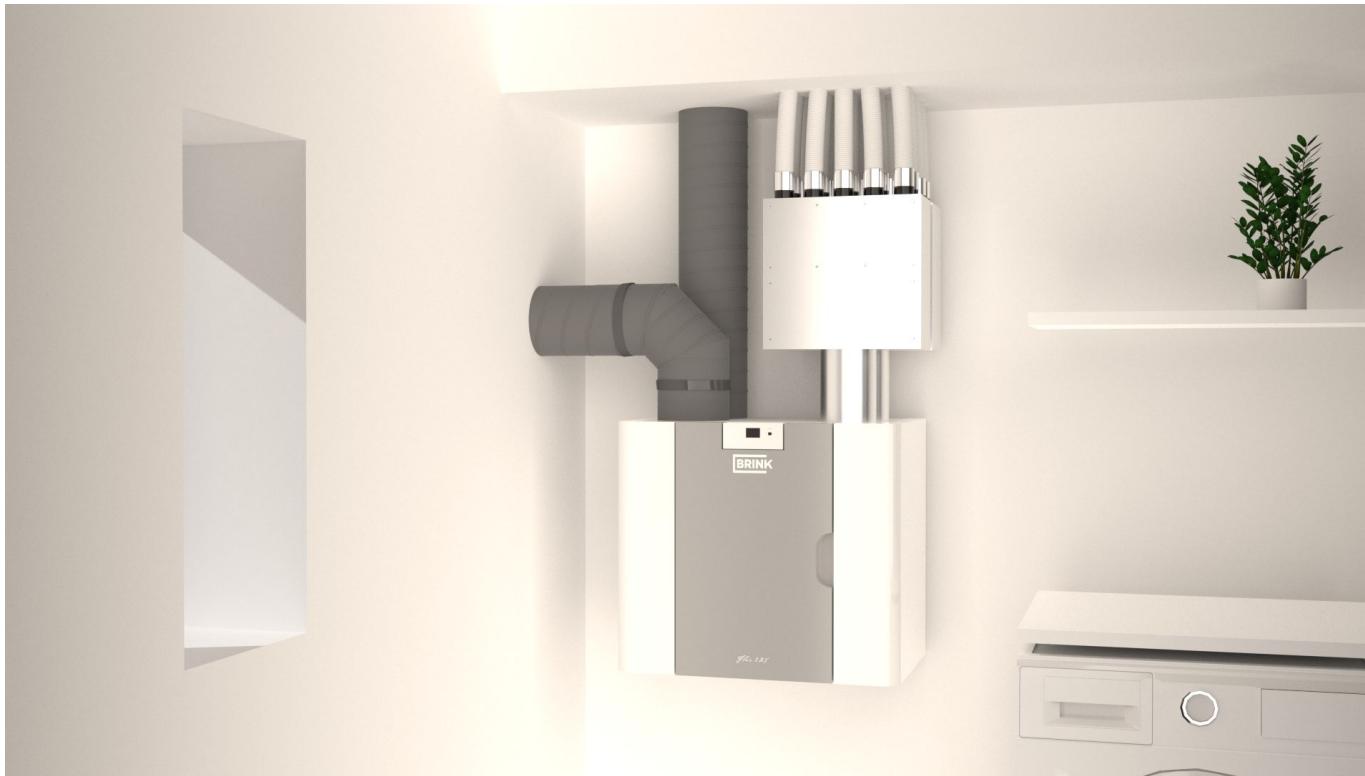


SUMMARY

- Distributed
- Balanced
- Continuous
- Energy recovery (with certifications)
- Robust = longevity
- Quiet
- Filtered (IAQ /IEQ)
- Reduce risk of condensation and mold



QUESTIONS?



THANK YOU!



Brink Team



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