



BUILD IT TIGHT AND VENTILATE RIGHT:

HIGH PERFORMANCE, MECHANICAL VENTILATION, WITH HEAT RECOVERY



**HIGH PERFORMANCE
BUILDING SUPPLY**

WWW.475.SUPPLY

Gabrielle O'Grady

Brink Team Manager

M.S., CPHT, LEED Green Associate



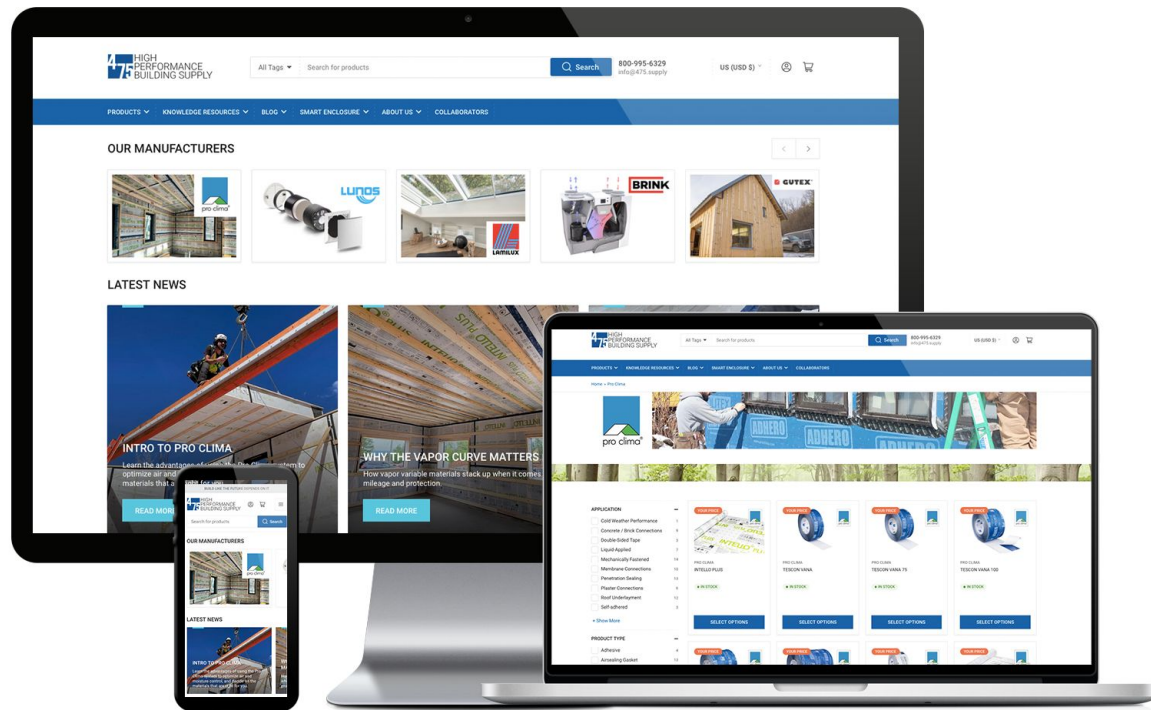


www.475.supply

ca.475.supply



- E-commerce
- Building High Performance
- Knowledge resources
- Supplying materials



HEAT RECOVERY VENTILATION

LUNOS e2
energy-efficient



DECENTRALIZED - Through-wall, ductless HRV

BRINK



CENTRALIZED - Ducted HRV or ERV

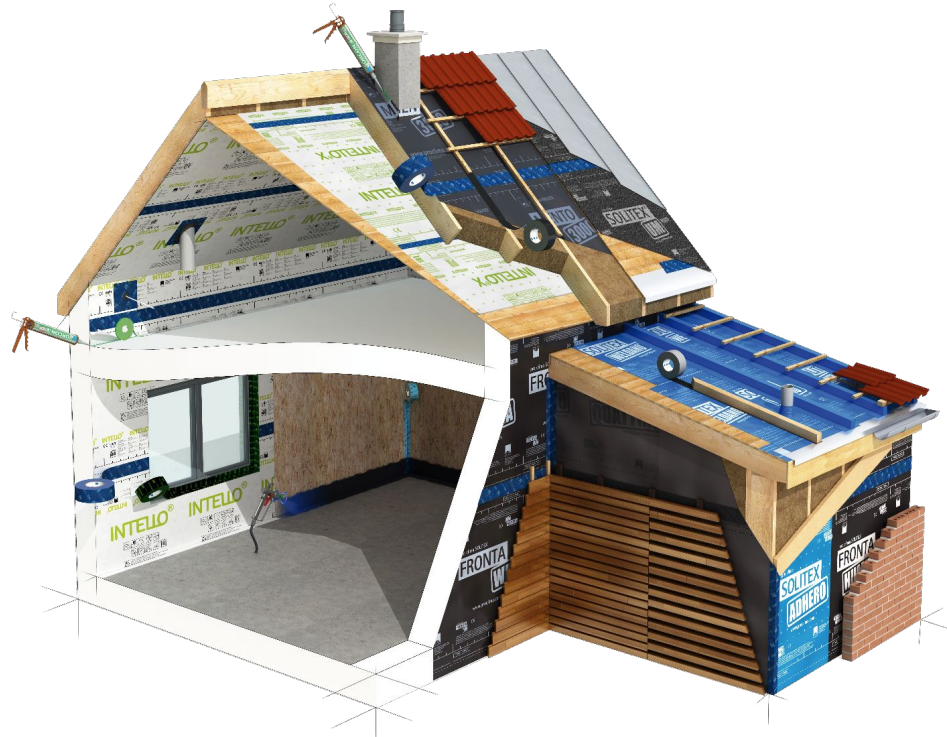


Air for life

#BreatheExcellence

AIR CONTROL

Encapsulate insulation inside and out ... and on all 6 sides



AIRTIGHTNESS QUALITY CONTROL



AIRSEALING & VAPOR CONTROL

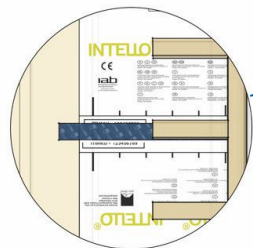


INTELLO PLUS

AIRTIGHT, SMART VAPOR RETARDER

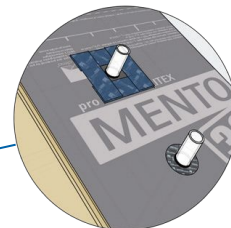
VISCONN

LIQUID-APPLIED



TESCON VANA

INTERIOR / EXTERIOR
ALL-AROUND TAPE CONNECTIONS



SOLITEX WRBs

ROBUST, AIRTIGHT, VAPOR-OPEN

TESCON PROFIL / EXTONSEAL ENCORS

WATER AND AIR PROTECTION FOR HIGH
PERFORMANCE WINDOW/ PREP



ADHERO

SELF-ADHERED, DURABLE WRB

WOOD FIBER INSULATION BOARDS/WRB



HIGH PERFORMANCE BUILDING COMPONENTS



AIR & VAPOR CONTROL

INSULATION



ROOF DAYLIGHTING

QUALITY
CONTROL



HEAT RECOVERY
VENTILATION

DO YOU FILTER YOUR WATER?

Greater than half of all
Americans filter their
drinking water at home

- NSF Consumer Study



WHAT ABOUT THE AIR YOU BREATHE?



WHAT ABOUT THE AIR YOU BREATHE?



Dedicated, 24-hour, filtered fresh air

475.supply | 800-995-6329

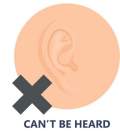


90% of our time is spend indoors

HEALTH & WELL-BEING

Pollutants in Indoor Air

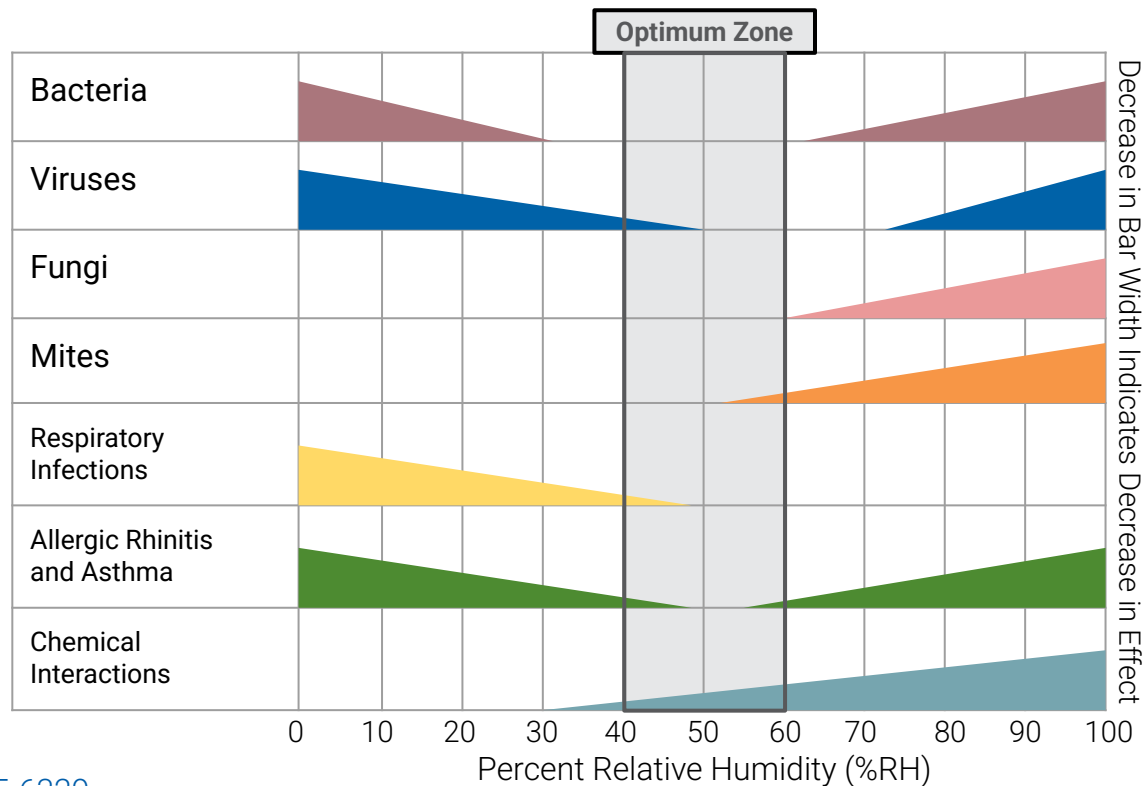
Harmful Gas	Effect
N_2O , NO, NO_2	High Concentration: Damage pulmonary tissue
Formaldehyde	High concentration: impairment of eyes and upper respiratory tract
CO	Odorless, extremely toxic
CO_2	High concentration: drowsiness, headaches, poor mental performance
O_3	Highly toxic, irritation of mucous membranes and upper respiratory tract.
Radon	Long-term exposure risks of lung cancer
H_2O (%RH)	Too high or too low: creates environment for viruses, respiratory infection and more...



CARBON MONOXIDE POISONING

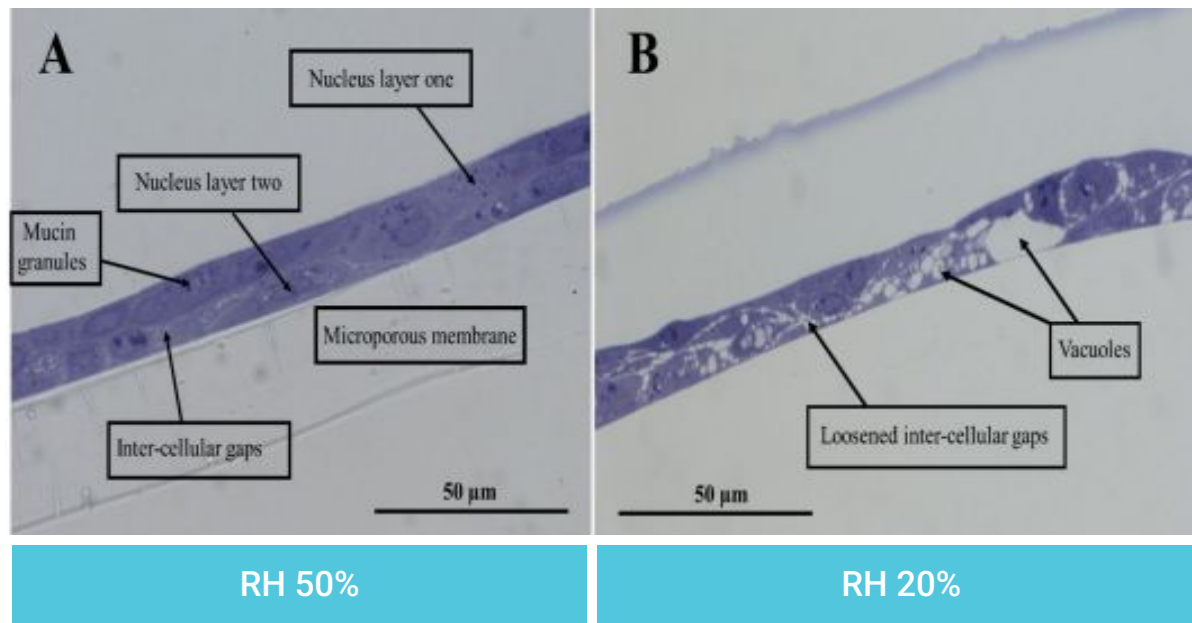


HEALTH & WELL-BEING



HEALTH & WELL-BEING

Control Indoor Air Humidity



HEALTH & WELL-BEING

Control Indoor Air Humidity



HEALTH & WELL-BEING



Journal of Building Engineering

Volume 57, 1 October 2022, 104908



Indoor air quality and health in schools: A critical review for developing the roadmap for the future school environment



Abstract | 23 August 2021

ISEE 2021: 33rd Annual Conference of the International Society of Environmental Epidemiology

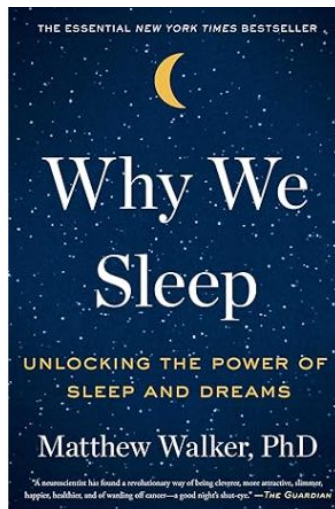
Associations between Acute Exposures to PM_{2.5} and Carbon Dioxide Indoors and Cognitive Function in Office Workers

Studies Show:

- Improved air quality can lead to enhanced cognitive function, productivity, and reduced absenteeism in schools and workplaces.
- Improving ventilation rates in office environments could improve workers' cognitive function.

HEALTH & WELL-BEING

Indoor Air Quality = Better Sleep and Overall Well-Being



COMFORT



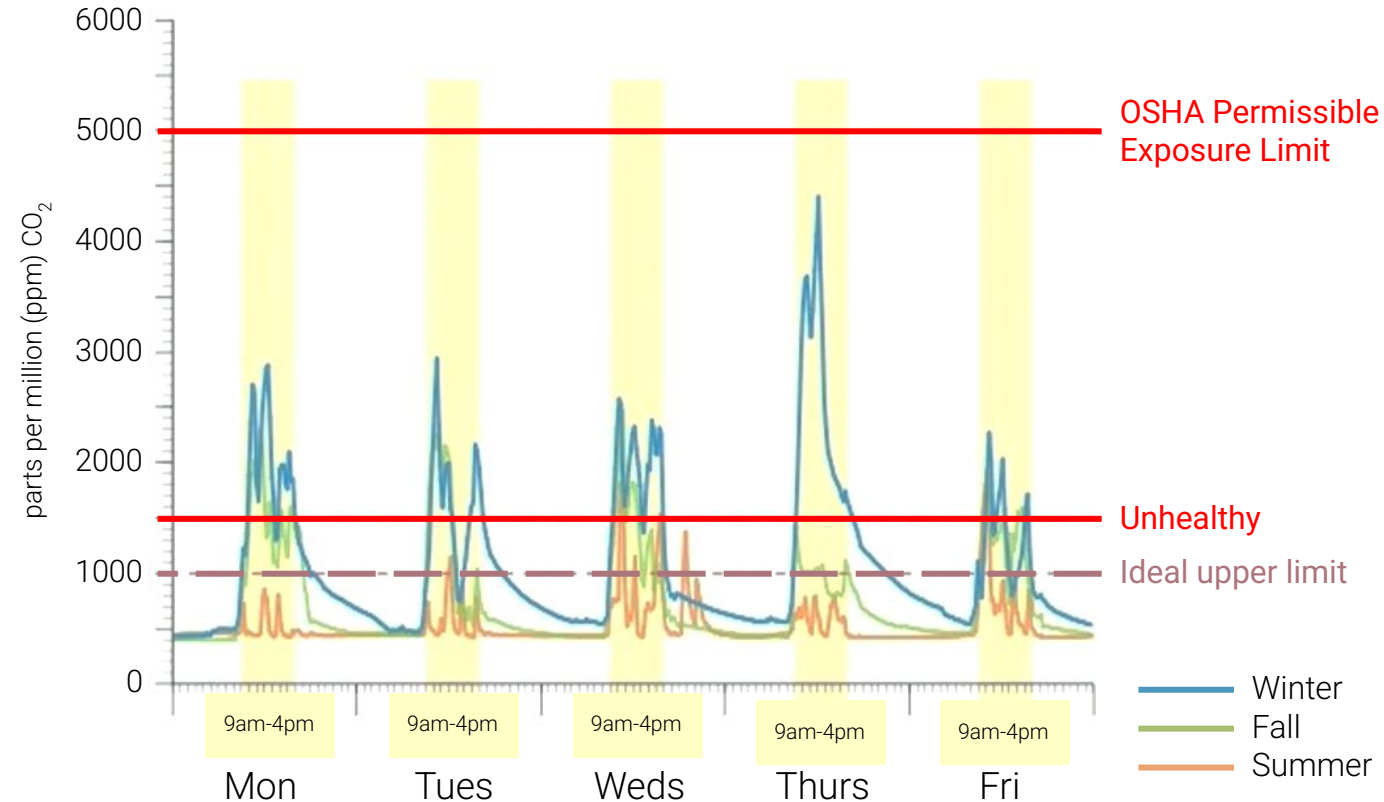
You could just open a window!

PASSIVE VENTILATION?



Jonathan Hines
Managing Director,
Architype

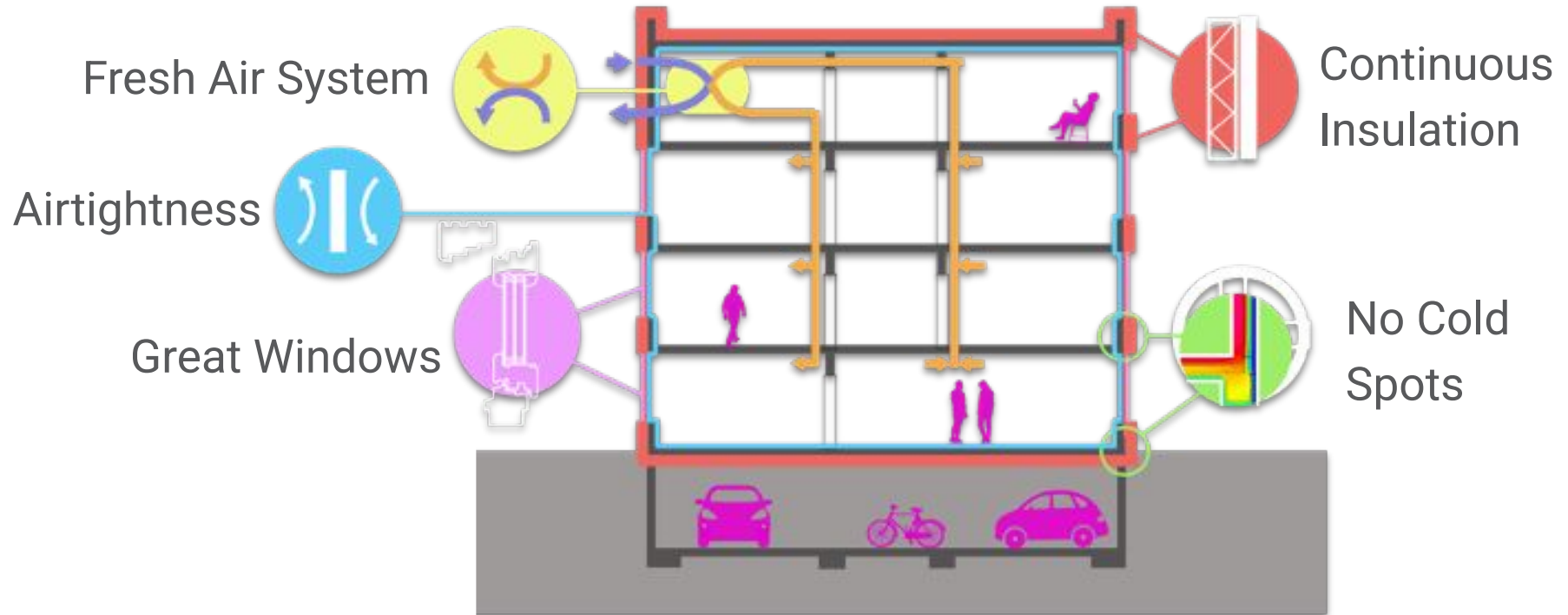
PASSIVE VENTILATION?



Jonathan Hines
Managing Director,
Architype

HOW DO WE DO IT?

Building as integrated systems





ASSEMBLY CONTROL LAYERS

In order of importance:

1. WATER CONTROL
2. AIR CONTROL
3. VAPOR CONTROL
4. THERMAL CONTROL

ASSEMBLY CONTROL LAYERS

In order of importance:

- | | |
|--------------------|-------------------------------|
| 1. WATER CONTROL | → Shed it. |
| 2. AIR CONTROL | → Delivers energy and health. |
| 3. VAPOR CONTROL | → Allow it to dry. |
| 4. THERMAL CONTROL | → Right size. |

ASSEMBLY CONTROL LAYERS

1. WATER CONTROL: Shed it. Or it will destroy the building.



ASSEMBLY CONTROL LAYERS

2. AIR CONTROL: Delivers energy efficiency and healthy air.

New York



Seattle



Calgary



San Francisco



ASSEMBLY CONTROL LAYERS

3. VAPOR CONTROL: Allow it to dry. Avoid mold and rot.



ASSEMBLY CONTROL LAYERS

3. VAPOR CONTROL: Allow it to dry. Avoid mold and rot.



ASSEMBLY CONTROL LAYERS

4. THERMAL CONTROL: Right size. Avoid thermal bridges.



SEQUENCE FOR CONTINUITY

Interior Walls



AIR CONTROL = ENERGY DRIVER



U.S. Building Stock Characterization Study: A National Typology for Decarbonizing U.S. Buildings

Janet Reyna, Eric Wilson, Andrew Parker, Aven Satre-Meloy, Amy Egerter, Carlo Bianchi, Marlena Praprost, Andrew Speake, Lixi Liu, Ry Horsey, Matthew Dahlhausen, Christopher CaraDonna, Stacey Rothgeb

Building Technologies and Science Center

Lawrence Berkeley National Laboratory, Rocky Mountain Institute

Research output: NREL > Technical Report

- “Infiltration **drives heating.**”
- “In some segments ... infiltration contributes **nearly double all other envelope heat transfer component loads combined**”
- “Reduction in air infiltration [provides] co-benefits of reduced moisture infiltration and improved indoor air quality **if coupled with mechanical ventilation.**”

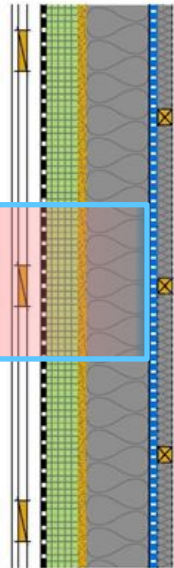
VAPOR CONTROL

WINTER: Vapor Drive is Outward

Outside

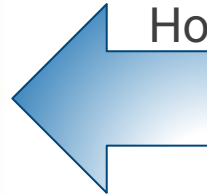
Vapor Open

Drying Out



Inside

Vapor Retarding
(or variable)
How variable?



Minimize Potential
Wetting from Inside

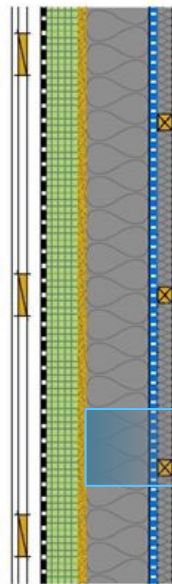
VAPOR CONTROL

SUMMER: Vapor Drive is Inward

Outside

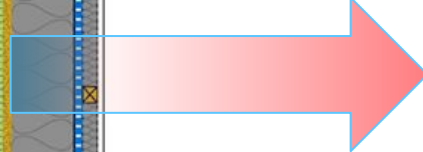
Vapor open


Vapor Drive



Inside

Vapor Open
(retarding/variable)
How variable?


Drying In

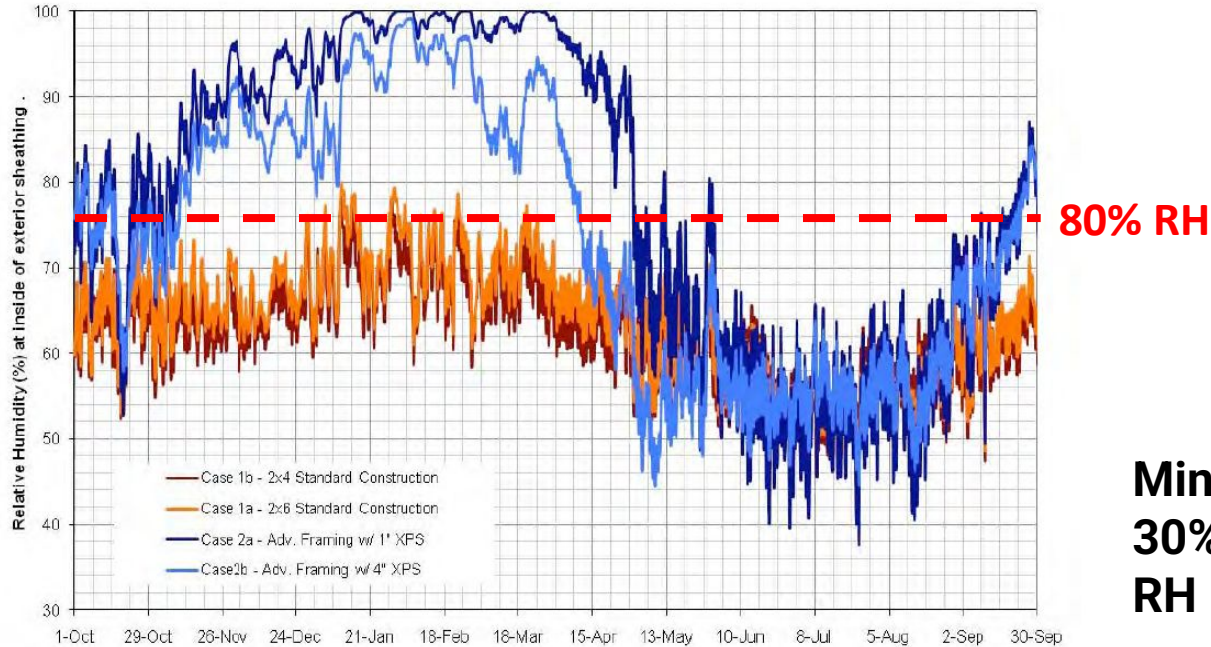
VAPOR CONTROL

Why are we installing **VAPOR TRAPS**?



VAPOR CONTROL

Foam Can Cause Moisture Concerns



Minneapolis MN
30% winter indoor
RH

Figure 9 : Winter time sheathing relative humidity for Case 1 and Case 2

Credit: Building Science Corp.

Building America Special Research Project: High R Walls Case Study Analysis

TYPES OF SYSTEMS

Exhaust only

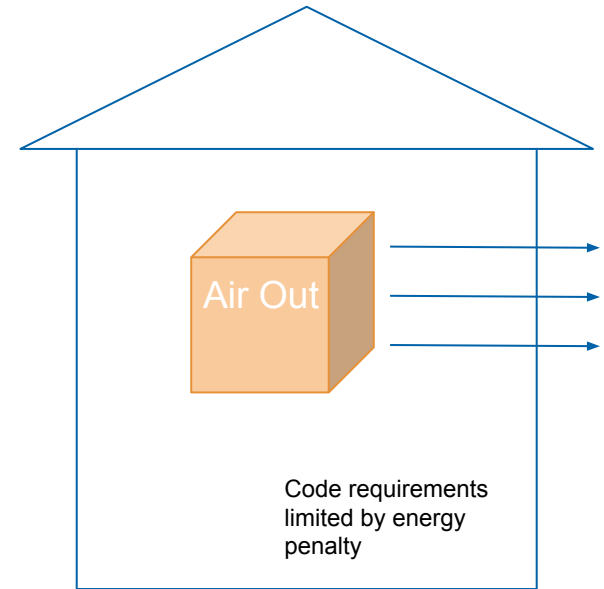
Uncontrolled untempered air

- Air needs reheating!
- It's also dirty! (infiltration)

At 0.33 ACH50:

Every 3 hours need to
reheat ALL the air in
the building.

Home air purifiers



TYPES OF SYSTEMS

Balanced ventilation

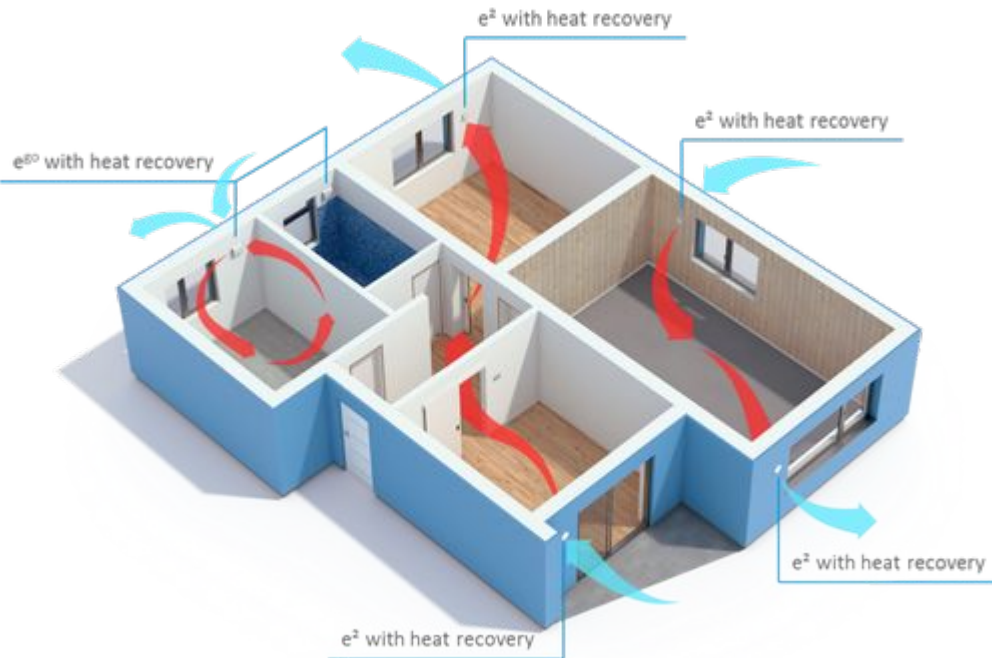
Control:

- Route (freshest air possible)
- Quality (source & filtration)
- Comfort (no drafts)
- Intentional delivery (where to)
- Energy savings



TYPES OF SYSTEMS

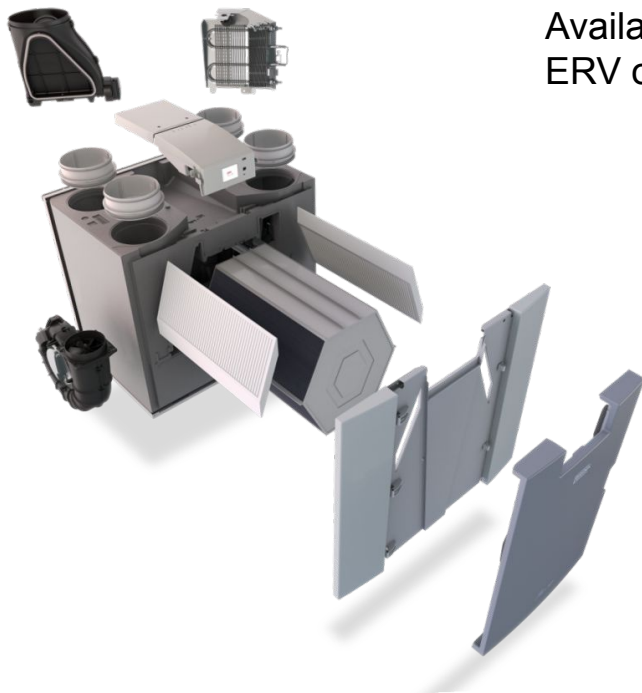
DECENTRALIZED



CENTRALIZED



CENTRALIZED



Available as an
ERV or HRV





COMFORT CRITERIA

Efficient systems provide a comfortable supply air



COMFORT CRITERIA

Efficient systems provide a comfortable supply air

Below 60 Fahrenheit = Draft

COMFORT CRITERIA

Efficient systems provide a comfortable supply air

$$T_{\text{outdoor Temp}} + [(T_{\text{indoor}} - T_{\text{outdoor}}) * \text{Efficiency}\%] = \text{Supply Air}$$

COMFORT CRITERIA

Efficient systems provide a comfortable supply air

$$T_{\text{outdoor}} + [(T_{\text{indoor}} - T_{\text{outdoor}}) * \text{Efficiency}\%] = \text{Supply Air Temp}$$



$$15^{\circ}\text{F} + [(72^{\circ}\text{F} - 15^{\circ}\text{F}) * 91\%] = 67^{\circ}\text{F}$$

COMFORT CRITERIA

Efficient systems provide a comfortable supply air

$$T_{\text{outdoor}} + [(T_{\text{indoor}} - T_{\text{outdoor}}) * \text{Efficiency}\%] = \text{Supply Air Temp}$$



$$15^{\circ}\text{F} + [(72^{\circ}\text{F} - 15^{\circ}\text{F}) * 91\%] = 67^{\circ}\text{F}$$

$$15^{\circ}\text{F} + [(72^{\circ}\text{F} - 15^{\circ}\text{F}) * 65\%] = 52^{\circ}\text{F}$$

COMFORT CRITERIA

Efficient systems provide a comfortable supply air



- Temperature
- Air quality
- Noise

THIRD PARTY TESTED

CERTIFICATE

Certified Passive House Component
Component ID 1288wa03 valid until 31st December 2023

Passive House Institute
Dr. Wolfgang Feist
64283 Darmstadt
Germany



Category: Air handling unit with heat recovery
Manufacturer: Brink Climate Systems B.V.
Product name: Brink Flair 325
Specification: Airflow rate < 600 m³/h
Heat exchanger: Recuperative

This certificate was awarded based on the product meeting the following main criteria

Heat recovery rate $\eta_{HR} \geq 75\%$
Specific electric power $P_{el,spec} \leq 0.45 \text{ Wh/m}^3$
Leakage $\leq 3\%$
Comfort: Supply air temperature $\geq 18.5^\circ\text{C}$ at outdoor air temperature of -10°C

Airflow range
69–251 m³/h
Heat recovery rate
$\eta_{HR} = 91\%$
Specific electric power
$P_{el,spec} = 0.21 \text{ Wh/m}^3$



At an airflow of 202 m³/h, the specific electric power $P_{el,spec} = 0.19 \text{ Wh/m}^3$

www.passivehouse.com

Airflow range

69–251 m³/h

Heat recovery rate

$\eta_{HR} = 91\%$

Specific electric power

$P_{el,spec} = 0.21 \text{ Wh/m}^3$

Criteria

PHI



High Quality Air

Yes

High Heat Exchanger Eff

75%

Low Power Consumption

Yes

Minimal Air Leakage

Yes

Minimal Case Heat Losses

1

Comfortable Supply Temp

Yes

Low Noise Production

Yes

Effective Frost Protection

Yes

FILTRATION

Air control delivers energy efficiency and healthy air.

New York



Seattle



Calgary



San Francisco



FILTERS

MERV Rating	Air filter will trap particles sized .3 to 1.0 microns	Air filter will trap particles sized 1.0 to 3.0 microns	Air filter will trap particles sized 3.0 to 10 microns	Filter Type & Particles Removed
MERV 1	<20%	<20%	<20%	Fiberglass and Aluminum Mesh pollen, dust mites, spray paint, carpet fibers, pet dander
MERV 2	<20%	<20%	<20%	
MERV 3	<20%	<20%	<20%	
MERV 4	<20%	<20%	<20%	
MERV 5	<20%	<20%	20% - 34%	Disposable Filters mold spores, kitchen aerosols, hair spray, furniture polish, household cleaning sprays
MERV 6	<20%	<20%	35% - 49%	
MERV 7	<20%	<20%	50% - 69%	
MERV 8	<20%	<20%	70% - 85%	Home Box Filters lead dust, flour, auto fumes, welding fumes
MERV 9	<20%	>50%	85% or better	
MERV 10	<20%	50% - 64%	85% or better	
MERV 11	<20%	65% - 79%	85% or better	Commercial Filters bacteria, wildfire smoke, respiratory droplets
MERV 12	<20%	80% - 90%	90% or better	
MERV 13	>75%	90% or better	90% or better	
MERV 14	75% - 84%	90% or better	90% or better	
MERV 15	85% - 94%	95% or better	90% or better	HEPA and ULPA viruses, carbon dust
MERV 16	95% or better	95% or better	90% or better	
MERV 17	99.97%	99% or better	99% or better	
MERV 18	99.997%	99% or better	99% or better	
MERV 19	99.9997%	99% or better	99% or better	
MERV 20	99.99997%	99% or better	99% or better	

FILTRATION



F7 / ePM1 50% / MERV 13

Remove outdoor pollutants at supply

G4/ iso course 60% / MERV 7-8

Remove grease at return to protect core

← Installed in 475.Supply Office

MERV Rating	Air filter will trap particles sized .3 to 1.0 microns	Air filter will trap particles sized 1.0 to 3.0 microns	Air filter will trap particles sized 3.0 to 10 microns	Filter Type & Particles Removed
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MERV 19	99.9997%	99% or better	99% or better	
MERV 20	99.99997%	99% or better	99% or better	

59 days of NYC air + 3 days of wildfire smoke in June 2023



HRV or ERV?

What is the difference between an ERV and HRV?

- **HRV = Heat Recovery only.**
Uses an airtight, vapor-closed material.
- **ERV = Energy or Enthalpy Recovery.**
Uses an airtight, vapor-open material.



No transfer of liquid water



Transfer of water vapor

HRV or ERV?

When should I use an ERV or HRV?

Summer



Hot & humid

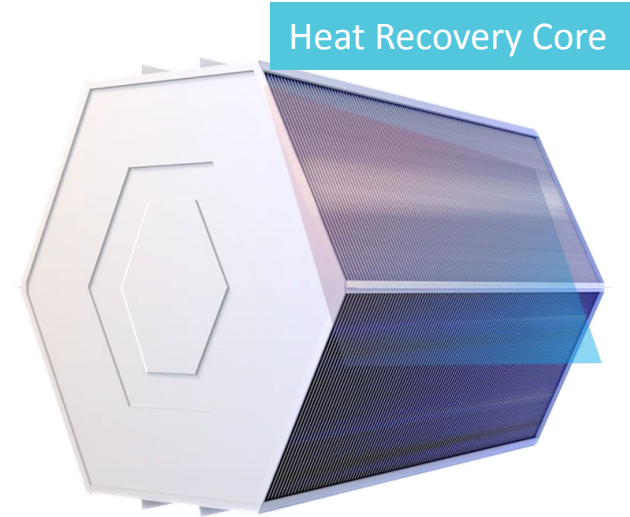
Winter



Cold & dry

HOW HEAT RECOVERY WORKS

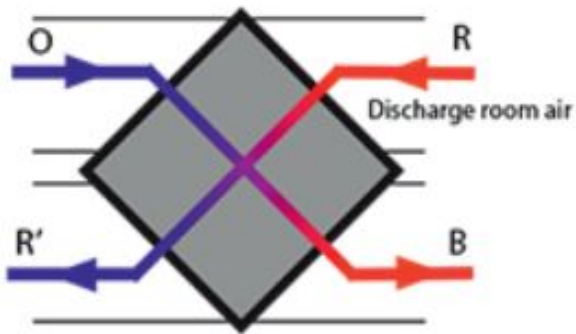
Types of Cores



HOW HEAT RECOVERY WORKS

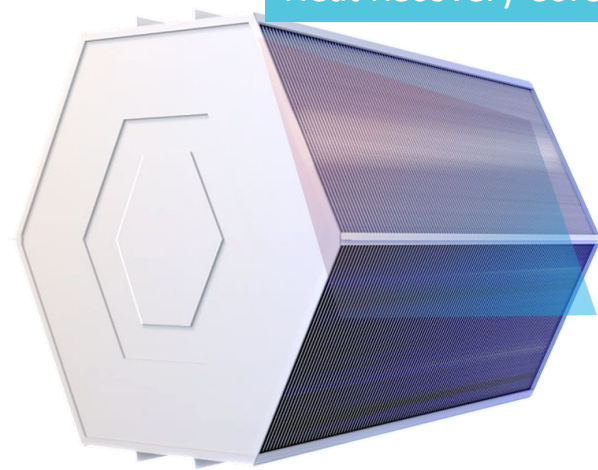
Types of Cores

Cross flow heat exchanger



40-65% Efficient

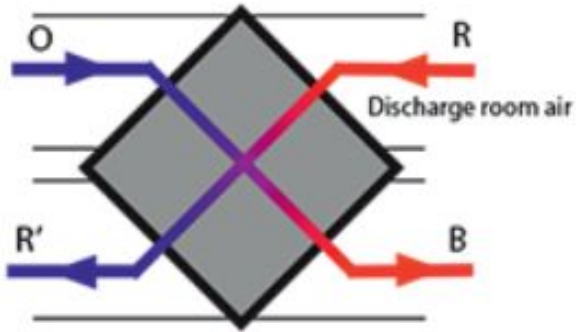
Heat Recovery Core



HOW HEAT RECOVERY WORKS

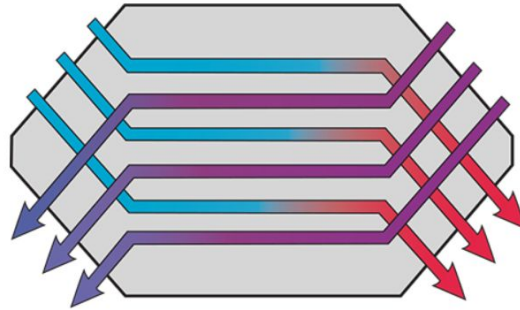
Types of Cores

Cross flow heat exchanger



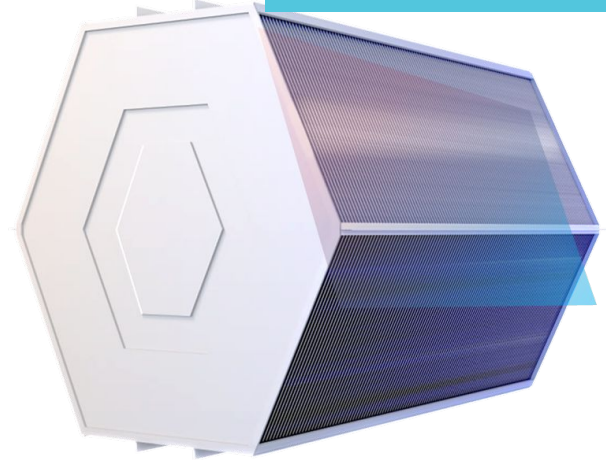
40-65% Efficient

Counter flow heat exchanger



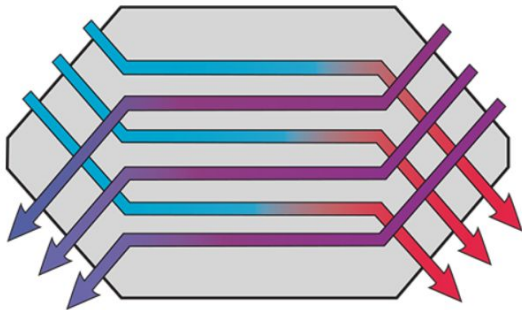
75-92% Efficient

Heat Recovery Core



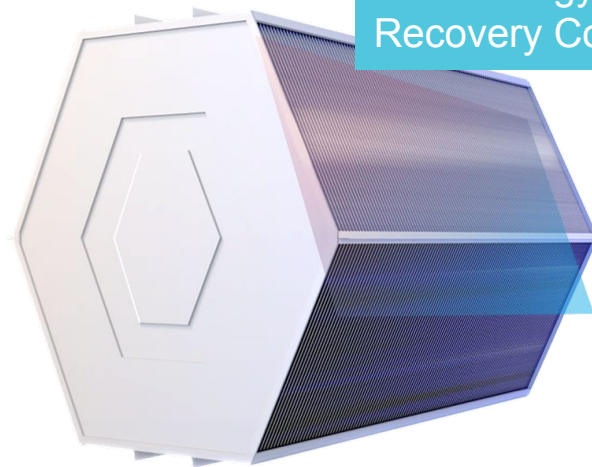
COUNTER FLOW HEAT EXCHANGER

Counter flow heat exchanger

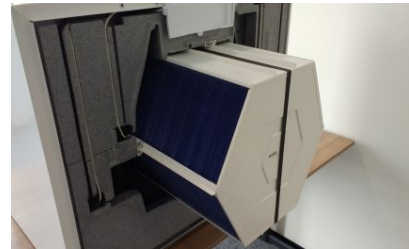


75-92% Efficient

Heat/Energy Recovery Core



Low resistance



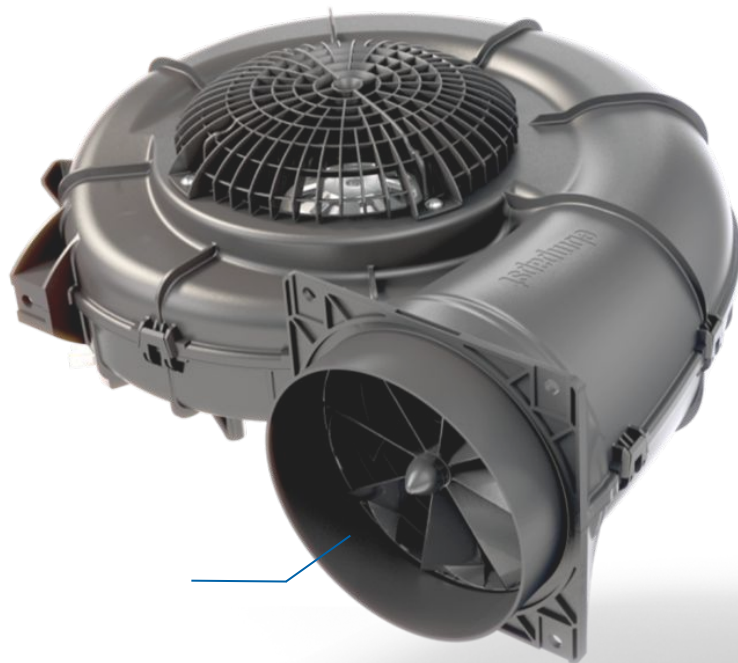
Guiding sleeves for airtightness

PERFECT BALANCING FURTHERS EFFICIENCY



Vane-Anemometer - Latest Technology!

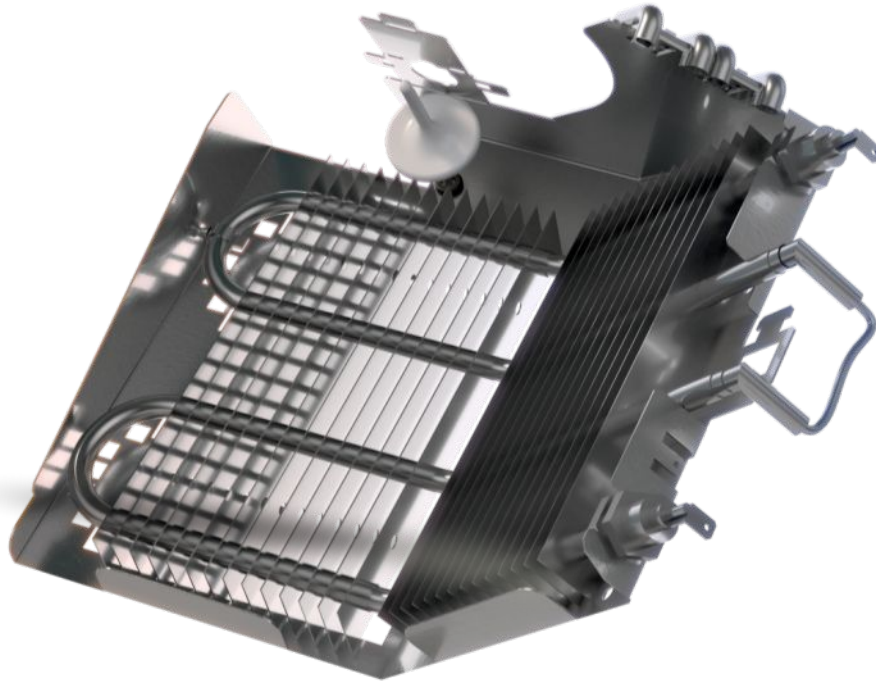
Ultra precise and fast
flow-measurement



Constant Flow

Flow rates guaranteed with
changes in air density or pressure
in the system (despite dirty
filters!).

INTELLIGENT PREHEATER ALWAYS INCLUDED

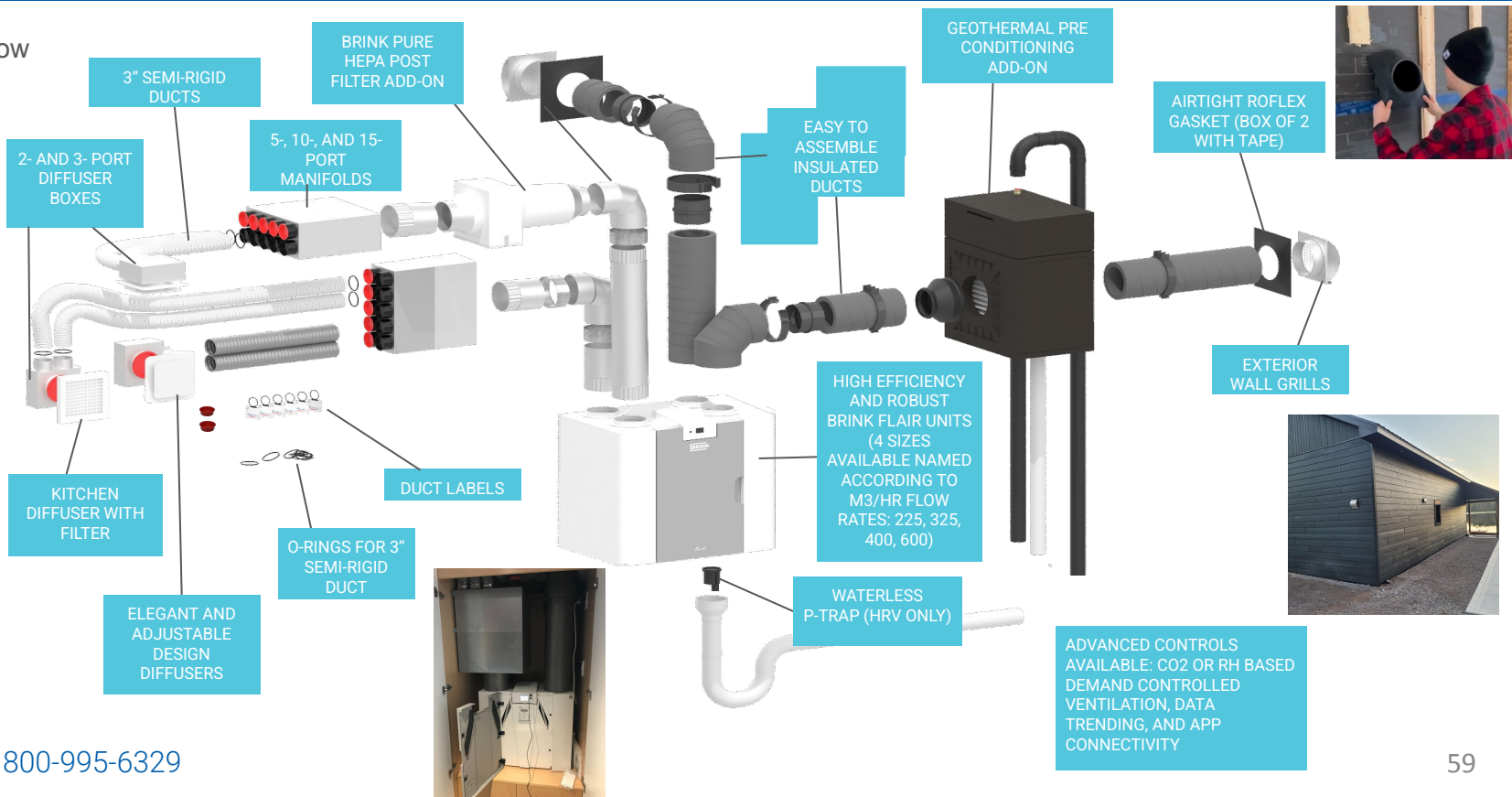


New aerodynamic design

- Larger surface (cooling ribs)
- Double safety switch max temp
- Guiding vanes for equal air-flow over heat exchanger
- Ramps up as needed

FULL KITTED SYSTEM REDUCES INSTALLER ERRORS

Airtight ducts with low resistance.



DISTRIBUTION SYSTEM MATTERS

Home run system

Full system reduces
install errors and duct
leakage.

Airtight ducts with low
resistance.



BRINK FLAIR UNIT



SUPPLY AND EXHAUST MANIFOLDS

DISTRIBUTION

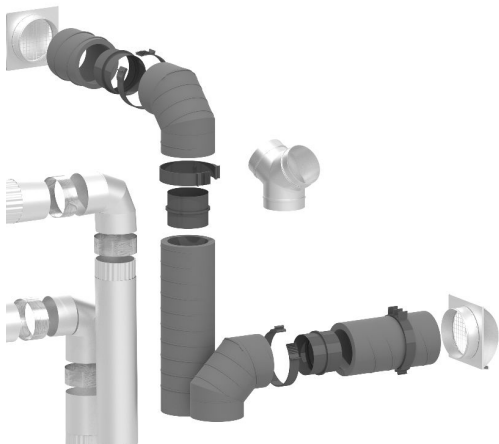


3" SEMI-RIGID



OR 3" FLEX DUCT

INSULATED DUCT



INSULATED DUCTING for FRESH AIR INTAKE
and EXHAUST to environment

OPTIONAL ACCESSORIES / CONTROL

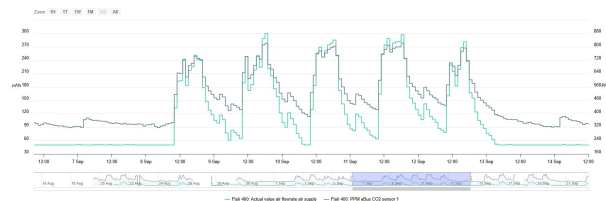
**Modbus
compatible**



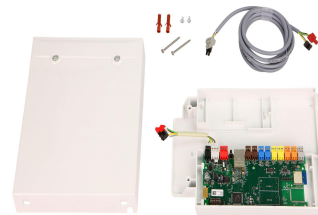
**Onboard PCB
allows
connection to
controls**



**Demand controlled
ventilation capable**



**Time of day /
day of week
scheduling**

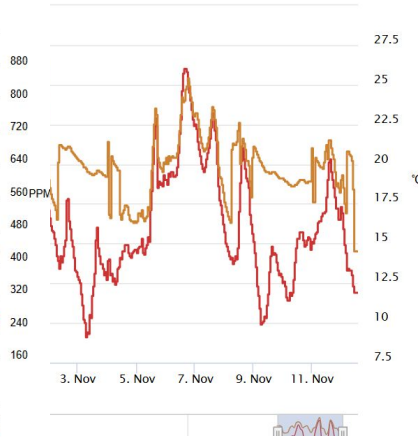
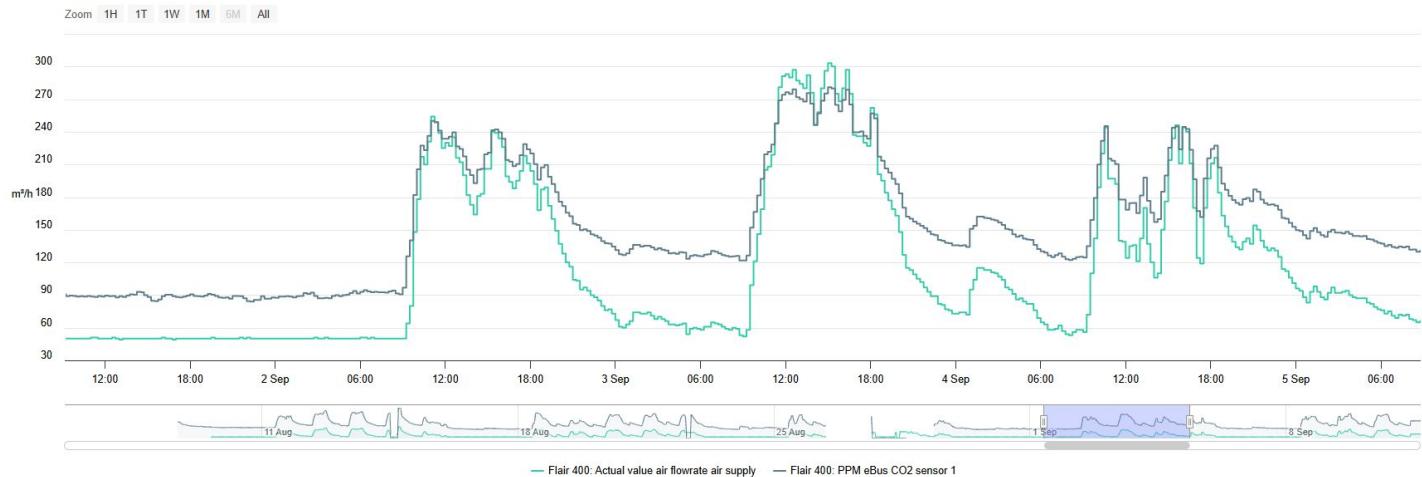


App control

CO2 SENSOR AND RH SENSOR

**BOOST SWITCHES, TOUCH CONTROL,
PLUS MODULE**

OPTIONAL ACCESSORIES / CONTROL



BRINK HOME

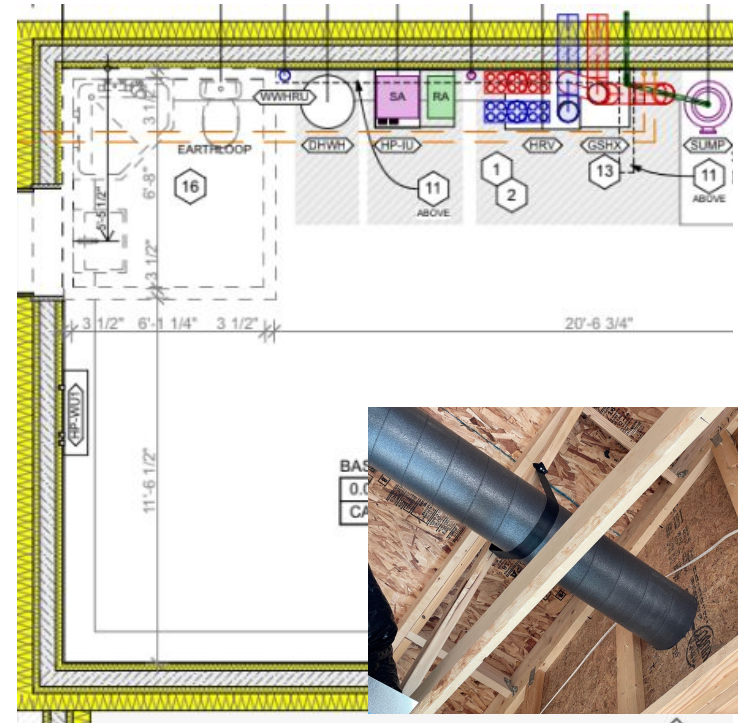
ERV IN DD

*“It’s a difficult position for an architect to be in to constantly be **defending the mechanical room**. I’ve certainly failed doing it and lived to regret that.”*
- Barry Price

- **Design development** - Coordinate HVAC equipment, access to outdoor air, duct runs, diffuser locations.
- **Proactive** instead of reactive process.

ERV IN DD

- Locate the mechanical room close to exterior wall.
- Intake and exhaust ducts should be:
 - Insulated
 - Airtight
 - Vapor-closed
 - Sealed to air barrier with gaskets
- Long cold air ducts can reduce heat efficiency by 5-15%



ERV IN DD

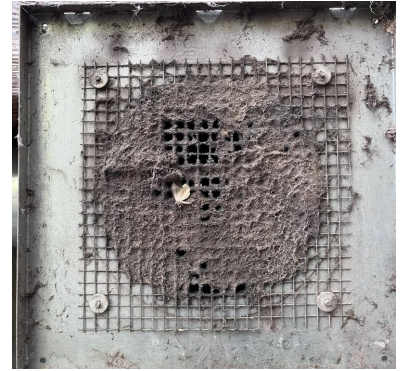


Available in left or right hand orientations, consider where manifolds will be located when ordering.

CHANGE YOUR FILTERS

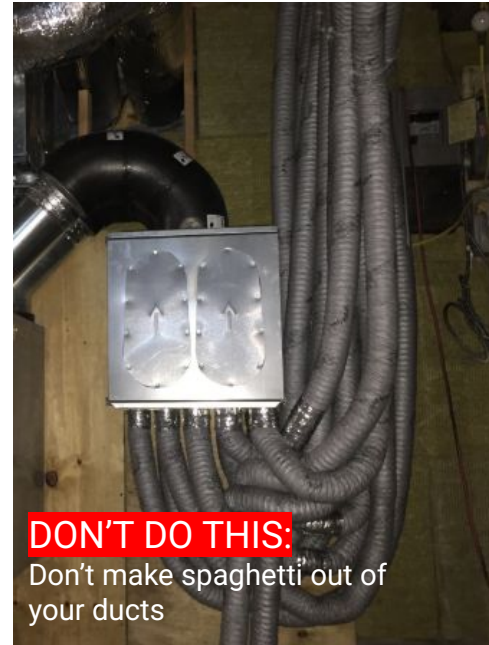
- Well-designed ventilation systems have very little maintenance
- Accessible filters and diffusers make routine maintenance simple

*“Change your filters, change your filters,
change your filters” - Cramer Silkworth,
Baukraft Engineering*



CONSIDERATIONS

Can have good ingredients, but must also have a good “chef” or installer.



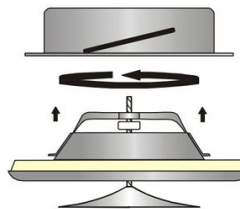
COMMISSIONING

What Commissioning Ensures:

- Each room has required air exchange
- Neutral pressure: balanced
- Short runs should be made to be a minimum of 10'
- May need additional ducts for longer runs.



9-step air flow balancing valve

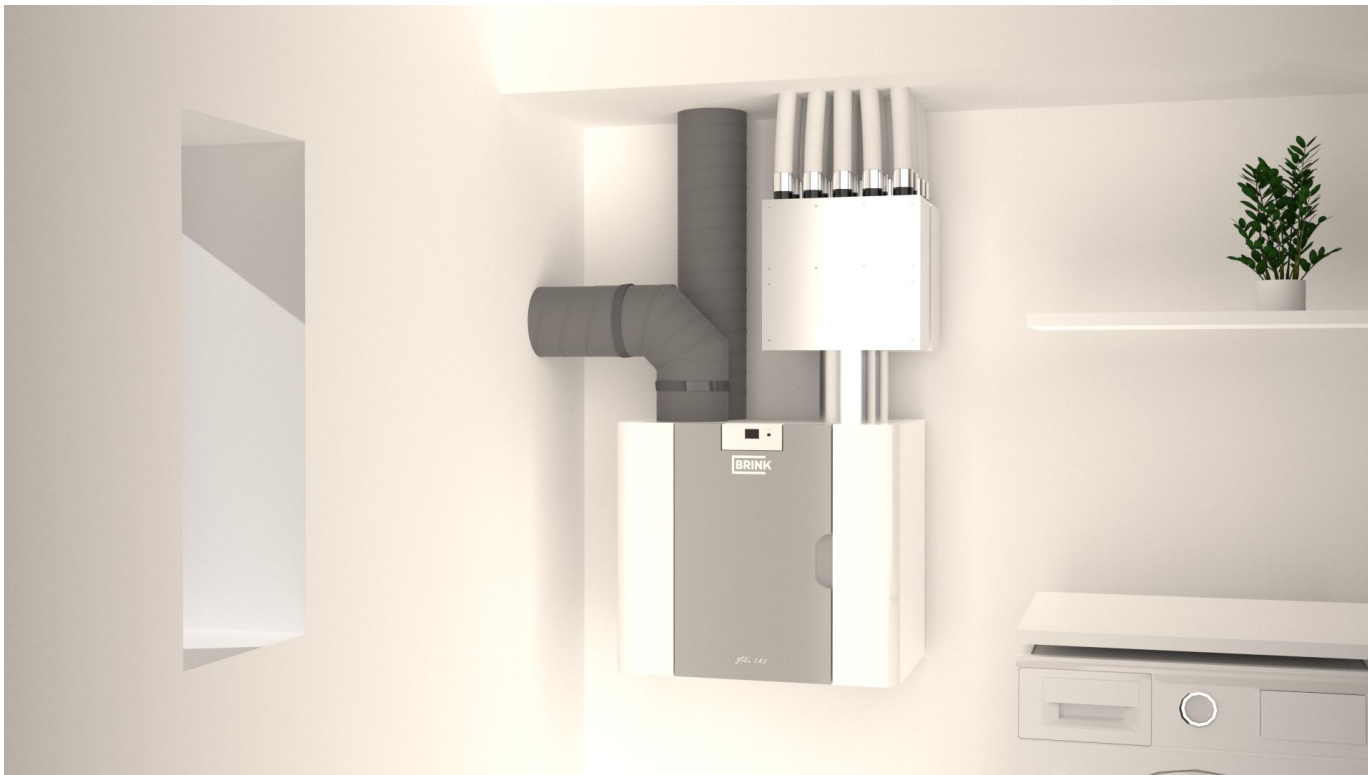


SUMMARY

- Distributed
- Balanced
- Continuous
- Energy recovery (with certifications)
- Robust = longevity
- Quiet
- Filtered (IAQ /IEQ)
- Reduce risk of condensation and mold



QUESTIONS?



THANK YOU!



Brink Team



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